December High School Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Walking Doritos Taco Lettuce, Cheese, Salsa Lime Cilantro Rice Refried Beans Corn	2 Hotdog on a Bun Baked Beans Macaroni Salad Baked Chips	3 Macaroni & Cheese Garlic Texas Toast Steamed Carrots Roasted Chickpea	4 Cheesy Breadsticks Marinara Sauce Caesar Salad Steamed Broccoli
7 Jalapeno Chicken Mango Meatballs Mango Salsa Baby Carrots Roasted Green Beans Brown Rice	8 Grilled Cheese Tomato Soup Saltine Crackers Celery Sticks W/Ranch	9 French Toast Sticks Turkey Sausage Links Yogurt Dragon Punch Juice Cucumbers	10 Cheeseburger on a Bun Lettuce, Tomato, Pickle Waffle Fries Pasta Salad	11 Homemade Cheese Pizza Roasted Broccoli Salad W/Italian Dressing
14 General Tso's Chicken Vegetable Egg Roll Brown Rice Stir Fry Veggies	15 Nacho Tacos With Cheese Sauce & Salsa Corn & Bean Salsa Cinnamon Churro	16 Popcorn Chicken Dinner Roll Loaded Tater Tots Orange Glazed Carrots	17 Turkey & Gravy Mashed Potatoes Buttered Peas & Carrots Cinnamon Roll	18 Stuffed Crusted Pizza Spinach Side Salad Cauliflower Florets Ranch Dressing
21 Chicken Tenders Cornbread French Fries Baked Beans	22 Pizza Crunchers Marinara Sauce Parmesan Green Beans Caesar Salad	23 Mini Maple Pancakes Hashbrown Turkey Sausage Links Dragon Punch Juice Baby Carrots	24 Winter Recess New Years Day	25 Winter Recess New Years Day
28 Winter Recess New Years Day	29 Winter Recess New Years Day	30 Winter Recess New Years Day	31 Winter Recess New Years Day	

Menu subject to change. See Food Services webpage for daily sandwich and salad specials (options differ between building grade-levels).

Offered Daily:

-Variety of milk options
-Fresh fruit
-Canned fruit
-Condiments

Lunch consists of 5 components. Students must have 3 or more, one must be a fruit or veggie to count as a meal.