



September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7 Labor Day	8 Spicy Chicken Patty on a Bun Dill Pickles Tater Tots Parmesan Green Beans	9 Mini Maple Pancakes Turkey Sausage Links Yogurt Red Peppers Dragon Punch Juice	10 BBQ Cowboy Burger W/Cheddar & Onions Baked Beans Sweet Potato Fries	11 Stuffed Crusted Pizza Caesar Salad Roasted Broccoli
14 Popcorn Chicken Potato Wedges Baby Carrots w/Ranch Croissant	15 Walking Doritos Taco Lettuce, Cheese, Salsa Lime Cilantro Rice Refried Beans Mexicali Corn	16 Chicken Parm Sandwich Roasted Potatoes Cucumber Tomato	17 Maple Chip Waffles Strawberry Topping Turkey Sausage Links Dragon Punch Juice Celery Sticks W/Ranch	18 Homemade Cheese Pizza Steamed Broccoli Caesar Salad
21 Yom Kippur	22 Chicken Tenders Smiley Fries Baked Beans Orange Glazed Carrots Dinner Roll	23 Meatball Sub Parmesan Green Beans Pasta Salad	24 French Toast Sticks Turkey Sausage Links Yogurt Butternut Squash Dragon Punch Juice	25 Garlic French Bread Broccoli W/Cheese Salad W/Italian Dressing
28 Chicken Nuggets Tater Tots Green Beans Cinnamon Roll Baby Carrots w/Ranch	29 Nacho Tacos With Lettuce, Cheese & Salsa Nacho Cheese Sauce Seasoned Brown Rice Corn	30 Philly Cheese Steak Sub Parmesan Garlic Carrots Baked Potato Sour Cream Cheddar Cheese		

Menu subject to change. See Food Services webpage for daily sandwich and salad specials (options differ between building grade-levels).

Offered Daily:

- Variety of milk options
- Fresh fruit
- Canned fruit
- Condiments

Lunch consists of 5 components. Students must have 3 or more, one must be a fruit or veggie to count as a meal.