

# January Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Winter Recess	2 Winter Recess
5 Popcorn chicken Baked beans Baby carrots, ranch dip	6 Nacho tacos Corn	7 Hot dog with bun French fries Steamed carrots	8 Pasta and meat sauce Celery and carrot sticks Ranch dip Green beans	9 Cheese pizza Tossed salad, dressing Steamed broccoli
12 Chicken tenders Sweet potato fries Baked beans	13 Cheeseburger (WG bun) Potato wedge Corn	14 French toast sticks WG Turkey sausage links Dragon punch veggie juice Celery and carrot sticks Ranch dip	15 Grilled cheese Tomato soup Cheddar crackers Green beans	16 Stuffed crust pizza Tossed salad, dressing Steamed broccoli
19 Martin Luther King Jr. Day - No School	20 Walking taco Corn	21 Mini maple waffle Turkey sausage links Grape tomatoes Dragon punch veggie juice	22 Sweet & sour chicken Brown rice Stir fry vegetables	23 1/2 Day (pre-K-12) Breakfast Available
26 Chicken patty Sweet potato fries Baked beans	27 Macaroni & cheese Dinner roll Green beans Baby carrots	28 Dutch waffle (WG) Strawberry yogurt Steamed carrots Dragon punch veggie juice	29 Double cheeseburger on a bun French fries Celery and carrot sticks Ranch dip	30 Pizza bites Marinara sauce Tossed salad, dressing Steamed broccoli

Menu subject to change. See Food Services webpage for daily sandwich and salad specials (options differ between building grade-levels).

## Offered Daily:

- Variety of milk options
- Fresh fruit
- Canned fruit
- Condiments

Lunch consists of 5 components. Students must have 3 or more, one must be a fruit or veggie to count as a meal.