

**ATHLETIC PLACEMENT PROCESS
FOR
INTERSCHOOL ATHLETIC PROGRAMS
At
Jamesville-DeWitt Central School**



The University of the State of New York
The New York State Education Department
Office of Curriculum and Instruction
Albany, New York 12234
February 2015

ATHLETIC PLACEMENT PROCESS

Updated June 2015

According to the Regulations of the Commissioner of Education students in grades 7 and 8 may not participate on high school level teams without going through an extensive screening process called Athletic Placement Process (APP). This privilege is limited to the unusually advanced athletes in the sport requested. As part of the screening process a candidate must be able to show that there is objective evidence of their advanced abilities as demonstrated in prior competitive situations in that sport. For team-type sports the recommendation of the prior coach is critical. For individual sports that are not played in our middle school some examples of qualifying athletes might be “two time age group champion in the Syracuse District Junior Golf Association tour”, or “MVP and top scorer in AAU Blitz Youth Soccer”, or “4 years of gymnastics competition in which a level 9 was established”, etc. It is not enough to have played the sport casually.

Seventh Grade students may be considered for placement on a JV or Varsity squad only if the requested sport is not offered at the modified level. Eighth grade students may be considered for placement on junior varsity and varsity squads in all sports that are offered. Both seventh and eighth grade students may be considered for a freshman level team if they meet the above criteria.

In addition to the above, candidates must have sufficient social and emotional maturity, have shown adequate academic progress, and a positive behavior record. There are a number of steps in this process beginning with a phone call to the Director of Athletics. If after this phone conversation it is determined that the student meets the initial criteria, a packet will be mailed to the home of the candidate. Since this is an extensive screening process with many steps involving many people, requests need to be made well in advance of the sport start date.

Deadlines for Student/Parent Requests:

For the **Fall Sports Season - June 15**

For the **Winter Sports Season - October 15**

For the **Spring Sports Season - February 15**

A parent or guardian of qualifying candidates should call:

Fred Wheeler
Director of Athletics
Jamesville-DeWitt Schools
315-445-8345

Board of Education Policy - 7420 – Students – 2015 - SPORTS AND THE ATHLETIC PROGRAM

SUBJECT: SPORTS AND THE ATHLETIC PROGRAM

Athletics are an integral part of a well-balanced educational program. Therefore, the Board supports a broad sports program with equal access for both males and females, with emphasis on maximum participation, through interscholastic and intramural activity.

The District will comply with recommendations from the U.S. Department of Education's Office for Civil Rights (OCR) regarding Title IX equal opportunity for males and females in the District's total athletic program regarding any of the following factors which may be applicable:

- a) Whether the selection of sports and levels of competition effectively accommodate the interests and abilities of members of both sexes;
- b) The provision of equipment and supplies;
- c) The scheduling of games and practice time;
- d) The provision of travel and per diem allowances;
- e) The nature and extent of the opportunity to receive coaching and academic tutoring;
- f) The assignment and compensation of coaches and tutors;
- g) The provision of locker rooms, practice and competitive facilities;
- h) The provision of medical and training facilities and services;
- i) The provision of housing and dining facilities and services;
- j) The nature and extent of publicity;

The interscholastic athletic program shall conform to the Regulations of the Commissioner of Education as well as the established rules of the New York State Public High Schools Athletic Association and the State Education Department.

Eligibility for interscholastic athletic competition requires that the students:

- a) provide written parental/legal guardian consent;
- b) pass satisfactorily the medical examination approved by the school physician; and
- c) meet the requirements for interscholastic competition as set forth by the Commissioner's Regulations and the New York State Public High School Athletic Association.
- d) meet district academic eligibility requirements.

Booster Clubs

The District has a responsibility under Title IX to ensure that boys' and girls' programs are provided with equivalent benefits, treatment, services, and opportunities regardless of their source. When determining equivalency, therefore, benefits, services, and opportunities attained through private funds-including donations, fundraising, and booster clubs-must be considered in combination with all benefits, services, and opportunities.

SUBJECT: SPORTS AND THE ATHLETIC PROGRAM (Cont'd.)

Athletic Placement Process

The Board approves the use of the New York State Athletic Placement Process in which students in grades no lower than seventh grade are permitted to compete on interscholastic athletic teams organized for high school students. Consideration for and granting of this placement is to be given only to those student athletes who meet and continue to meet all the requirements developed under the direction of the Superintendent.

These students are to be allowed to compete at levels that are appropriate to their physical maturity, physical fitness, and sport skills in relationship to other students in accordance with the standards established by the Commissioner of Education. Any negative impact resulting from the placement of middle school students on high school teams, such as the displacement of high school players will be minimized to the greatest extent possible.

Athletic Placement is limited to rare gifted athletes in the sport requested. Seventh grade students may be considered for placement on a junior varsity or varsity squad only if the requested sport is not offered at the modified level. Eighth grade students may be considered for placement on junior varsity and varsity squads in all sports that are offered. Candidates must be students who have met the following criteria:

- meet appropriate standards of physical and emotional maturity;
- meet appropriate standards for size, fitness, and skill;
- have shown adequate academic progress;
- have a positive behavior record.

The Board requires that any middle school student playing on a high school team maintains academic eligibility as specified by athletic regulations. It is understood that these students will see playing time on the high school team.

The athletic director will provide an annual report to the Board on the prior year's selection/classification program including the number of requests for consideration, number of students participating in specific sports and the impact of participation on individuals and teams.

Student Athletic Injuries

No injured student will be allowed to practice or play in an athletic contest. When present, this immediate decision will be made by the athletic trainer. An appropriate medical professional should diagnose and treat an athlete's injuries. The coach should ensure that any player injured while under his or her care receives prompt and appropriate medical attention, and that all of the medical professional's treatment instructions are followed. The injured student has an obligation to promptly inform his or her coach of all injuries. No student will be allowed to practice or compete if there is a question whether he/she is in adequate physical condition.

A physician's certification may be required before an athlete is permitted to return to practice or competition.

Athletic Program – Safety

The District will take reasonable steps to see that physical risks to students participating in the interscholastic athletic program shall be kept at a minimum by:

- a) requiring medical examinations of participants;
- b) obtaining certificated personnel to coach all varsity, junior varsity, and modified games;
- c) ensuring that equipment is both safe and operative within approved guidelines.

SUBJECT: SPORTS AND THE ATHLETIC PROGRAM (Cont'd.)

Athletic Program – Supervision of Students

- a) Coaches will maintain supervision over the dressing rooms by personally being present during the dressing periods. In situations where male coaches are supervising female teams, or female coaches are supervising male teams, the coach must remain in the immediate vicinity outside the locker room area so as to be available immediately in case of emergency.
- b) Coaches are responsible for the supervision of their athletes at the end of practice. This may entail bus duty or making sure students have transportation home. Students participating in any athletic activity must be supervised at all times by a teacher/coach.
- c) Teachers and/or assigned school personnel in the elementary grades will be responsible for the playground supervision of all children under their jurisdiction during the recess periods and before the regular afternoon sessions. The principal will distribute the responsibility so that the playground situation will be properly controlled.

Title IX of the Education Amendments of 1972, 20 United States Code (USC) Section 1681 et seq.

45 Code of Federal Regulations Part 86

8 New York Code of Rules and Regulations (NYCRR) Section 135

Adopted: 08/07/95

Revised: 06/16/03

Revised: 11/19/12

Revised: 07/06/15

**DIRECTOR OF PHYSICAL EDUCATION AND/OR ATHLETIC DIRECTOR
ATHLETIC PLACEMENT PROCESS CHECKLIST**

STUDENT NAME: _____ **GRADE:** _____

Checklist for middle school students who are being considered for placement on high school team.

Note that 7th grade students will only be considered in the sports of gymnastics, tennis, golf, winter indoor track, boys volleyball and boys ice hockey. 8th grade students will be considered for any sport.

PARENTS/GUARDIANS

- Correspondence sent out DATE _____
- Discussions took place DATE _____
- Permission slip returned DATE _____
- Competitive Experiences letter returned DATE _____
- Athlete Sport Profile returned DATE _____
- Physical Maturity form returned DATE _____
- Current Physical on file with MS nurse office DATE _____
- Registered with FAMILYID DATE _____

DISTRICT MEDICAL DIRECTOR (SMD)

- Maturity form sent out DATE _____
- Evaluation returned DATE _____

Process stops if student is not approved by the medical director

SCHOOL ADMINISTRATIVE APPROVAL

DATE _____

Process stops if student is not approved by the school committee.

COACH'S SPORT SKILL EVALUATION

- Correspondence sent out DATE _____
- Evaluation returned DATE _____

Process stops if desired sport skill level is not considered appropriate for desired level of competition as determined by the Jamesville-DeWitt coach and athletic director.

PHYSICAL FITNESS TEST

- Correspondence sent out DATE _____
- Test results returned DATE _____

Process stops if student fails more than one component of the fitness test.

TRY-OUT EVALUATION

- Correspondence sent out DATE _____
- Evaluation returned DATE _____

NOTIFICATIONS SENT

- TO SCHOOLS (copy) DATE _____
- TO SECTION (copy) DATE _____

ATHLETIC PLACEMENT PROCESS

PHYSICAL FITNESS TESTING: SCORE FORM

The student listed below has been approved to take the Physical Fitness Test. Please proceed with the testing as described in the **Physical Fitness Test Instructions**.

The test can be given in any time frame and in any order. Any of the five items may be Re-tested a number of times within the **one day test administration**. Only the best scores will be recorded. *For Swimming see Physical Fitness Scores - Swimming, for an alternative portion of the fitness test. For Golf, students are not required to complete a physical fitness test.*

For Golf, any 7th or 8th grade student may be given the opportunity to try out for a junior varsity or varsity golf team. At the completion of the tryout sessions, which must include 18 holes golfed over a three-day period (the first three days of the individual's tryout when the course is accessible), if the individual's golf average puts him/her in the top 8 of your golfers, he/she is eligible for the team.

They MUST score in the 85th percentile for their age.

PHYSICAL FITNESS TEST SCORES:

Student's Name _____ Gender: M F Age _____

Desired Sport _____ Desired Level _____

Test Administered By _____ Date _____

The Fitness test will be the THURSDAY, prior to the start of the season. The test will be held at the high school at 3:15pm.

SHUTTLE RUN (nearest tenth) 1/10 seconds _____

V-SIT REACH
Or SIT & REACH (feet and inches to nearest inch) _____

PULL UPS (# completed)
Or RIGHT ANGLE PUSH UPS (# completed every 3 seconds) _____

STOMACH CURLS (one for each completed movement) number _____

ONE MILE RUN/500 YARD SWIM (minutes and nearest second) _____

Final Assessment: Student **passed** **did not pass** at or better than the 85th percentile.

Signature _____ Date _____

ATHLETIC PLACEMENT PROCESS

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PHYSICAL MATURITY CHART

Recommended Tanner Scores for the Athletic Placement Process

Approved Sports	MALES			FEMALES		
	Freshman	JV	Varsity	Freshman	JV	Varsity
Archery	2	2	2	2	2	2
Badminton	2	3	4	2	3	4
Baseball	3	4	5	4	5	5
Basketball	3	4	5	4	5	5
Bowling	2	2	2	2	2	2
Competitive Cheerleading	3	4	5	4	5	5
Cross-Country	3	4	5	4	5	5
Fencing	2	3	4	2	3	4
Field Hockey	3	4	5	4	5	5
Football	3	4	5	4	5	5
Golf	2	2	2	2	2	2
Gymnastics	3	4	5	4	5	5
Ice Hockey	3	4	5	4	5	5
Lacrosse	3	4	5	4	5	5
Rifle	2	2	2	2	2	2
Skiing	3	4	5	4	5	5
Soccer	3	4	5	4	5	5
Softball	3	4	5	4	5	5
Swim/Diving	3	4	5	4	5	5
Tennis	3	4	5	4	5	5
Track & Field	3	4	5	4	5	5
Volleyball	3	4	5	4	5	5
Wrestling	3	4	5	4	5	5



ATHLETIC PLACEMENT PROCESS

PHYSICAL FITNESS TEST: INSTRUCTIONS

Curl-ups

This activity measures abdominal strength and endurance.

Curl-ups Testing

Here's what you do:

- Have the student lie on a cushioned, clean surface with knees flexed and feet about 12 inches from buttocks. A partner holds the feet.
- Make sure the arms are crossed with hands placed on opposite shoulders and elbows held close to chest.
- Keeping this arm position, the student raises the trunk, curling up to touch elbows to thighs, and then lowers the back to the floor so that the scapulas (shoulder blades) touch the floor, for one curl-up.
- To start, a timer calls out the signal "Ready? Go!" and begins timing the student for one minute. The student stops on the word "Stop."

Curl-ups Tip

Instruct helpers to count aloud the number of repetitions.

Curl-ups Scoring

"Bouncing" off the floor is not permitted. The curl-up should be counted only if performed correctly.

Shuttle Run

This activity measures speed and agility.

Testing

Here's what you do:

- Mark two parallel lines 30 feet apart and place two blocks of wood or similar objects behind one of the lines.
- Student starts behind the opposite line. On the signal "Ready? Go!" the student runs to the blocks, picks one up, runs back to the starting line, places the block behind the line, runs back and picks up the second block, and runs back across the starting line.

Tips

Be sure the participants understand the importance of running through the finish line. Participants should perform this activity on a gym floor or other appropriate surface.

Scoring

Blocks should not be thrown across the lines. Scores are recorded to the nearest tenth of a second.

One Mile Run/Walk

This activity measures heart/lung endurance.

Testing

Here's what you do:

- On a safe, one-mile distance, students begin running on the court "Ready? Go!"
- Walking may be interspersed with running. However, the students should be encouraged to cover the distance in as short a time as possible.

Tips

Use a large enough running area so that no more than eight laps are necessary to complete a mile. Help participants learn proper pacing for the mile by having them run at the mile pace for short distances during warm-up time.

Scoring

Always review students' health status before administering this test. Give students ample instruction on how to pace themselves. Allow them to practice running this distance against time, as well as sufficient time for warming up and cooling down before and after the test. Times are recorded in minutes and seconds.

Pull-ups

This activity measures upper-body strength and endurance.

Pull-ups Testing

Here's what you do:

- The student hangs from a horizontal bar at a height the student can hang from with arms fully extended and feet free from the floor, using either an overhand grip (palms facing away from body) or underhand grip (palms facing toward body). Small students may be lifted to the starting position.
- The student raises his/her body until chin clears the bar and then lowers his/her body to the full-hang starting position. The student performs as many correct pull-ups as possible.

Pull-ups Tips

Spend as little time hanging from the bar beforehand as possible because the extra time on the bar may reduce the number of pull-ups performed. Discourage any leg kicking or body swinging, as this may also decrease the number of repetitions.

Pull-ups Scoring

Pull-ups should be done in a smooth rather than jerky motion. Kicking or bending the legs is not permitted and the body must not swing during the movement.

Right Angle Push-ups Testing

Here's what you do:

- The student starts in push-up position, with hands under shoulders, arms straight, fingers pointed forward, and legs straight, parallel, and slightly apart (approximately 2-4 inches) with the toes supporting the feet.
- Keeping the back and knees straight, the student then lowers the body until there is a 90-degree angle formed at the elbows, with upper arms parallel to the floor. A partner holds her/his hands at the point of the 90-degree angle so that the student being tested goes down only until her/his shoulders touch the partner's hand, then back up.
- The push-ups are done to a metronome (or audio tape, clapping, drums) with one complete push-up every three seconds, and are continued until the student can do no more at the required pace. The student should remain in motion during the entire three second interval.

Right Angle Push-ups Tip

As with the pull-up, spend as little time in the starting position beforehand in order to increase the number of repetitions. Any extra movement may also decrease the number of repetitions.

Right Angle Push-ups Scoring

Record only those push-ups done with proper form and in rhythm.

Right Angle Push-ups Rationale

Right angle push-ups are a good indicator of the range of strength/endurance found in kids, whereas some kids are unable to do any pull-ups. Pull-ups remain an option for those students at higher levels of strength/endurance.

V-sit Reach

This activity measures flexibility of the lower back and hamstrings.

V-sit Reach Testing

Here's what you do:

- A straight line two feet long is marked on the floor as the baseline.
- A measuring line four feet long is drawn perpendicular to the midpoint of the baseline, extending two feet on each side and marked off in half-inches. The point where the baseline and measuring line intersect is the "0" point.
- Student removes his/her shoes, and sits on floor with measuring line between his/her legs and the soles of his/her feet placed directly behind the baseline, with the heels 8-12 inches apart.
- With hands on top of each other, palms down, the student places them on measuring line.
- With the legs held flat by a partner, the student slowly reaches forward as far as possible, keeping fingers on the measuring line and feet flexed.
- After three practice tries, the student holds the fourth reach for three seconds while that distance is recorded.

V-sit Reach Tip

Participants are most flexible after a warm-up run. Best results may occur immediately after performing the endurance run.

V-sit Reach Rules

Legs must remain straight with soles of feet held perpendicular to the floor (feet flexed). Students should be encouraged to reach slowly rather than "bounce" while stretching. Scores, recorded to the nearest half inch, are read as plus scores for reaches beyond baseline, minus scores for reaches behind baseline.

Sit and Reach Testing

Here's what you do:

- You'll need a specially constructed box with a measuring scale marked in centimeters, with 23 centimeters at the level of the feet.
- The student removes shoes and sits on floor with knees fully extended, feet shoulder-width apart and soles of the feet held flat against the end of the box.
- With hands on top of each other, palms down, and legs held flat, student reaches along the measuring line as far as possible. After three practice reaches, the fourth reach is held while the distance is recorded.

Sit and Reach Tip

Participants are most flexible after a warm-up run. Best results may occur immediately after performing the endurance run.

Sit and Reach Rules

Legs must remain straight, soles of feet against box, and fingertips of both hands should reach evenly along the measuring line. Scores are recorded to the nearest centimeter.

ATHLETIC PLACEMENT PROCESS

Physical Fitness: Scores Required for the Athletic Placement Process

SEX	AGE	Curl-Ups # in one minute	Shuttle Run in seconds	Choose one		1 Mile- Walk/Run min/sec*	Choose one	
				V-sit Reach in inches	Sit & Reach in centimeters		Pull-Ups # completed	Right Angle Push-ups # every 3 sec.
Males	11	47	10.0	4.0	31	7:32	6	26
	12	50	9.8	4.0	31	7:11	7	30
	13	53	9.5	3.5	31	6:50	7	35
	14	56	9.1	4.5	33	6:26	10	37
	15	57	9.0	5.0	36	6:20	11	40
Females	11	42	10.5	6.5	34	9:02	3	19
	12	45	10.4	7.0	36	8:23	2	20
	13	46	10.2	7.0	38	8:13	2	21
	14	47	10.1	8.0	40	7:59	2	20
	15	48	10.0	8.0	43	8:08	2	20

*For swimming, see next page for alternative 500 yard swim scores.

¹ Upper body strength can be measured by performing pull-ups, or right angle push-ups.
² Flexibility can be measured by performing the V-sit Reach or the Sit and Reach

ATHLETIC PLACEMENT PROCESS
Physical Fitness Scores
Required for the Athletic Placement Process

SWIMMING

The swimming endurance component of the physical fitness test allows the athlete to choose which endurance test he/she prefers. It will be necessary to choose one: either the one mile run (see Appendix J) or the 500 yard swim.

SWIMMING TIMES REQUIRED FOR 500 YARD SWIM

BOYS

LEVEL	500 Yard Swim Time (min:sec)
Modified	9:15
Freshman	9:00
Junior Varsity	8:45
Varsity	8:30

GIRLS

LEVEL	500 Yard Swim Time (min:sec)
Modified	10:00
Freshman	9:45
Junior Varsity	9:30
Varsity	9:00

Jamesville-DeWitt Red Rams

Athletic Office
PO Box 606
Edinger Drive
DeWitt, NY 13214

Telephone 315.445.8345
Fax 315.445.8307
fwheeler@jd.cnyric.org

Mr. Fred Wheeler
Director of HPE/Athletics
<http://www.jamesvilledewitt.org>

ATHLETIC PLACEMENT PROCESS

PARENT/GUARDIAN PERMISSION (Page 1 of 2)

Dear Parent/Guardian:

There is a New York State Education Department (NYSED) program that permits physically and emotionally appropriate students to try out for an athletic team that is outside of their grade placement. It is called the Athletic Placement Process (APP). Your child (name: _____) may be eligible to participate in the sport of _____ outside of his or her normal grade level. In order to establish the appropriate eligibility, we must have your permission to begin the APP.

This evaluation is a comprehensive evaluation of your child's emotional and physical maturity (including height and weight); as well as athletic abilities, physical fitness, and sport-specific athletic skill in relationship to other student athletes at that level.

Physical maturity is determined by your doctor during a physical exam and approved by the district medical director, using the Tanner Scale. The Tanner Scale requires the inspection of the entire body, including the breasts and genitals. The district does accept Tanner ratings from private medical providers, other than a parent or guardian. The district does accept a history of menarche for girls. Upon passing the medical clearance, the student's name will be processed through the APP approval process. Students must pass all levels of the process in order to meet the requirements of the APP.

If your child successfully meets the requirements of the APP, he/she will be allowed to try out for competitive high school athletics during 7th and/or 8th grade(s). Under normal circumstances, a student is eligible for senior high school athletic competition in a sport for only four consecutive seasons, beginning with the student's entry into the ninth grade. However, by meeting the Athletic Placement Process requirements established by NYSED, your child's eligibility can be extended to permit:

- a) participation during five consecutive seasons in the approved sport after entry into the eighth grade; or
- b) participation during six consecutive seasons in the approved sport after entry into the seventh grade.

It is important for you and your child to understand that, once the requirements are met and if he/she is accepted as a member of the team, he/she cannot return to a lower-level team (modified) in that sport in that season. Remember, at the higher level of play your child will be exposed to the social atmosphere that is common among older students in a high school environment. Therefore, it is important to take into account your child's ability to handle the additional demands.

Please feel free to contact me regarding this program or to discuss any aspect of your child's athletic placement. If you agree to allow your child's participation in this program, please sign and return the parental permission form to my office.

Sincerely,

Fred Wheeler

Fred Wheeler,
Director of HPE/Athletics

(TO BE RETURNED TO ATHLETIC DIRECTOR)

Jamesville-DeWitt Red Rams

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PO Box 606
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ATHLETIC PLACEMENT PROCESS

PARENT/GUARDIAN PERMISSION (Page 2 of 2)

PARENT/GUARDIAN STATEMENT

I have read the attached letter and I understand the purpose and eligibility implications of the Athletic Placement Process.

My son/daughter (name): _____ has my permission to undergo the evaluation process and to participate in this program. I understand that the determination of a physical maturity is a private examination involving inspection of breasts and genitals and will be done by my licensed professional doctor, and I give my permission for the examination. The private medical provider will complete the attached Physical Maturity Form for review and approval by the School Medical Director. Upon passing the medical clearance, he/she may proceed to the physical fitness and skill assessments. I understand that passing the evaluation process does not guarantee my child a position on a team, but only permits them to try out.

Parent/Guardian Signature

Date

Parent/Guardian email address: _____

STUDENT NAME: _____

AGE DURING SEASON: _____

SPORT: _____

(TO BE RETURNED TO ATHLETIC DIRECTOR)

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Athlete Sport Profile Jamesville-DeWitt Schools

This form is to be given by the parent to the coach who last worked with this athlete in this sport.

Student _____ Sport _____ Level Requested _____

Dear Coach,

The above listed athlete is a Jamesville-DeWitt Middle School student that is requesting participation on a high school level team. **Only unusually advanced athletes in their sport may request this consideration.** As someone who has coached the athlete in the indicated sport we are asking you to fill out the questionnaire below so we can make an informed decision about the abilities of this athlete. Please complete and return within 48 hours.

Mr. Fred Wheeler
Director of HPE/Athletics

Your name _____

Affiliation with this athlete _____

Your address _____

Your phone number(s) _____

Years you coached this athlete _____

Compared to other athletes you have coached rate this athlete's ability in this sport:

_____ One of the best _____ Above Average _____ Average _____ Below Average

Reason:

Compared to other athletes you have coached rate how this athlete interacts within a team concept with other athletes:

_____ One of the best _____ Above Average _____ Average _____ Below Average

Reason:

(TO BE RETURNED TO ATHLETIC DIRECTOR)

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TO BE COMPLETED BY THE STUDENT-ATHLETE and PARENT

Athletic Placement Process: 7th or 8th grade student-athletes on JV or Varsity teams

The Athletic Placement Process (APP) provides opportunities for athletes to participate at the Freshman, JV or Varsity level based on their level of readiness. The program is intended for extremely talented and gifted athletes. The selection of such athletes affects not only the individual athlete but also other athletes. High School athletes may be cut from a team or have their playing time reduced to make room for Middle School athletes. Therefore, the impact of the Athletic Placement Process each year has long-term consequences. It is important that Athletic Placement Process candidates and their parents understand their responsibility and commitment when considering this privilege. We will only keep a student on a Freshman, JV or Varsity team if it appears that the athlete will get a substantial amount of playing time. If this athlete is displacing one or more high school students who are being cut, this athlete must clearly have superior potential to any athlete they are displacing.

Student-athlete name: _____

Parent name: _____

Please describe your competitive experiences related to this particular sport and your long-term commitment/goals (grades 7-12).

(TO BE RETURNED TO ATHLETIC DIRECTOR)

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ATHLETIC PLACEMENT PROCESS PHYSICAL MATURITY FORM

THIS SECTION TO BE COMPLETED BY THE DIRECTOR OF PHYSICAL EDUCATION AND/OR ATHLETIC DIRECTOR:

Student's Name _____ Grade _____

Home Address _____

Date of Birth ____/____/____ Age _____ Gender: Male Female

Parental/Guardian Permission Form Received: Yes Date Received _____

Desired Level: Varsity Jr. Varsity Frosh Modified

Desired Sport: _____ ***Recommended Tanner Rating for
this sport and level** _____ *See Appendix H

SCREENING PROCEDURES - THIS SECTION TO BE COMPLETED BY THE PRIVATE MEDICAL PROVIDER FOR REVIEW BY THE DISTRICT MEDICAL DIRECTOR.

A. TANNER SCORE AND HEIGHT/WEIGHT ASSESSMENT COMPLETED BY:

District Medical Director

Private Medical Provider

EXAM DATE: _____ PROVIDER NAME _____

CIRCLE THE CURRENT DEVELOPMENTAL STAGE OF THE STUDENT, USING THE TANNER SCALE:

1

2

3

4

5

B. ALTERNATIVE TO TANNER EXAMINATION FOR FEMALES ONLY (if accepted by district):

Onset of Menarche = Tanner Stage 5

C. HEIGHT _____ WEIGHT _____

D. CHECK APPROPRIATE BOXES BELOW AND RETURN FORM TO THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS. (See Appendix H)

Student is **CLEARED** **NOT CLEARED** for the sport of: _____

at the following level: Modified Freshman Junior Varsity Varsity

SIGNED BY **PRIVATE MEDICAL PROVIDER** _____ DATE ____/____/____

Student is **CLEARED** **NOT CLEARED** for the sport of: _____

at the following level: Modified Freshman Junior Varsity Varsity

SIGNED _____ DATE ____/____/____

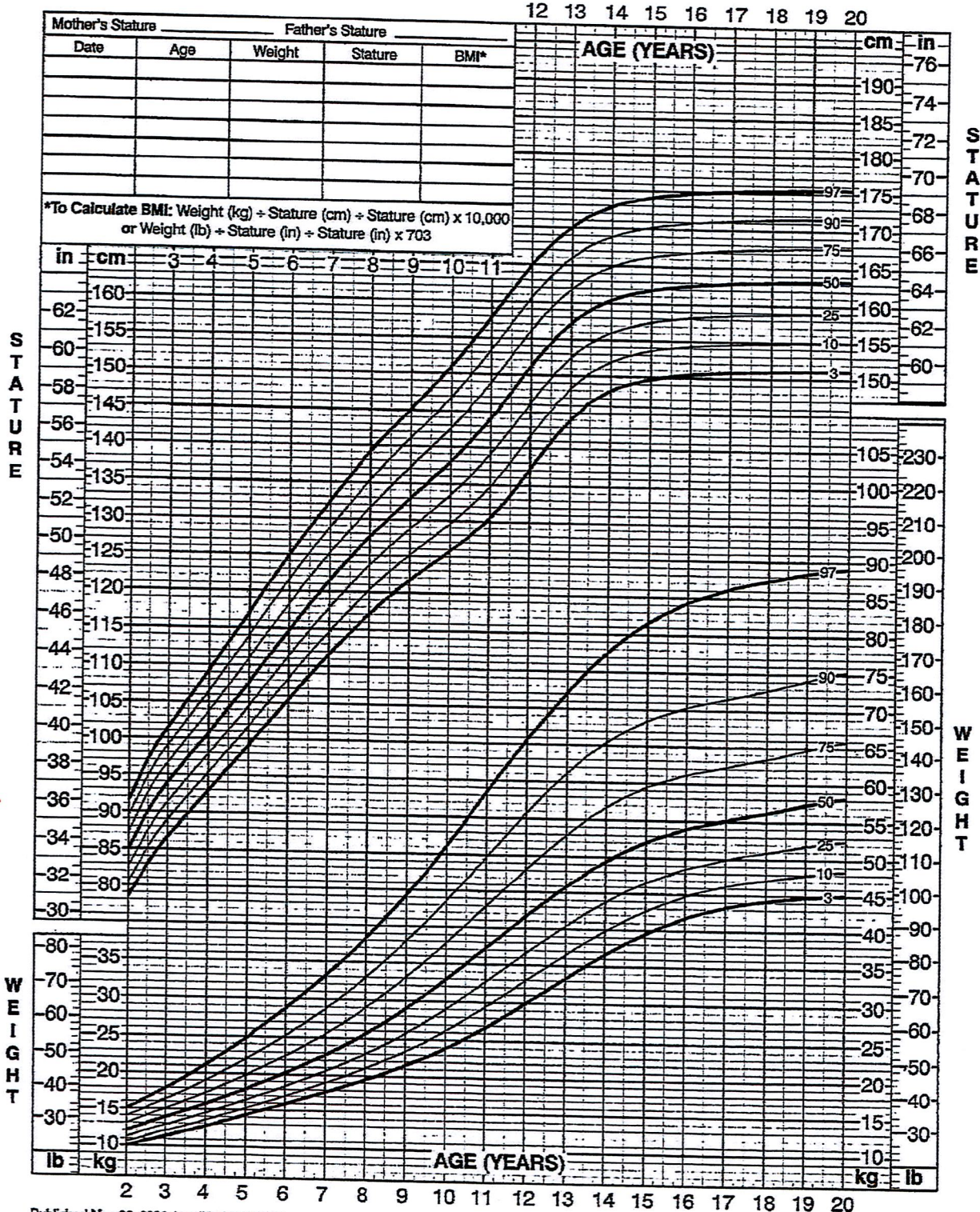
District Medical Director

(TO BE RETURNED TO ATHLETIC DIRECTOR)

2 to 20 years: Girls
Stature-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____



Published May 30, 2000 (modified 11/21/00).
 SOURCE: Developed by the National Center for Health Statistics in collaboration with
 the National Center for Chronic Disease Prevention and Health Promotion (2000).
<http://www.cdc.gov/growthcharts>



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