

MAY 2023 MIDDLE SCHOOL

ALTERNATE CHOICES:
DELI SANDWICHES
AND
SALADS OFFERED DAILY

Monday

POPCORN CHICKEN
WITH A DINNER ROLL

1

MASHED POTATO
CORN
ASSORTED FRUIT
MILK

CHICKEN PATTY
ON WG ROLL

8

MASHED POTATO
CORN
ASSORTED FRUIT
MILK

CHICKEN TENDERS
WITH DINNER ROLL
MASHED POTATO
CORN
ASSORTED FRUIT
MILK

15

CHICKEN NUGGET
WITH A DINNER ROLL

22

MASHED POTATO
BAKED BEANS
ASSORTED FRUIT
MILK

MEMORIAL DAY

29

Tuesday

CHEESEBURGER OR
HAMBURGER
ON WG BUN
FRENCH FRIES
BAKED BEANS
ASSORTED FRUIT
MILK

2

TURKEY SUB WITH CHEESE
ON WG ROLL
BAG OF LAYS CHIPS
BAKED BEANS
ASSORTED FRUIT
MILK

9

BEEF HOTDOG
ON WG BUN

16

SMILEY FRIES
BAKED BEANS
ASSORTED FRUIT
MILK

2 CHEESY GARLIC BREADSTICKS
WITH MARINARA SAUCE

23

TOSSED SALAD
GREEN BEANS
ASSORTED FRUIT
MILK

CHEESEBURGER OR
HAMBURGER
ON WG BUN
FRENCH FRIES
VEGETARIAN BEANS
ASSORTED FRUIT
MILK

30

Wednesday

YOGURT MEAL
DANNON YOGURT
WG 2 OZ PRETZEL
CHEESE STICK
BABY CARROTS
ASSORTED FRUIT
MILK

3

CHEESEBURGER OR
HAMBURGER
ON WG BUN
TATER TOTS
STEAMED CARROTS
ASSORTED FRUIT
MILK

10

BRUNCH FOR LUNCH:
FRENCH TOAST STICKS
TURKEY SAUSAGE
STEAMED CARROTS
VEGETABLE JUICE 4U
ASSORTED FRUIT CUP
MILK

17

CHEESEBURGER OR
HAMBURGER
ON WG BUN
FRENCH FRIES
VEGETARIAN BEANS
ASSORTED FRUIT
MILK

24

YOGURT MEAL
DANNON YOGURT
WG 2 OZ PRETZEL
CHEESE STICK
STEAMED CARROTS
ASSORTED FRUIT
MILK

31

Thursday

GRILLED CHEESE
&
TOMATO SOUP WITH
CRACKERS
GREEN BEANS
ASSORTED FRUIT CUP
MILK

4

BAKED ZITI WITH
DINNER ROLL

11

GREEN BEANS
TOSSED SALAD
ASSORTED FRUIT
MILK

MEATBALL SUB
ON WG ROLL

18

GARDEN SALAD
GREEN BEANS
ASSORTED FRUIT CUP
MILK

BAKED ZITI
TEXAS TOAST

25

GARDEN SALAD
GREEN BEANS
ASSORTED FRUIT CUP
MILK

Friday

HOMEMADE PIZZA

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

5

PIZZA BITES
WITH MARINARA SAUCE

12

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

HOMEMADE PIZZA

19

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

PIZZA CRUNCHERS
WITH MARINARA SAUCE

26

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

Free and reduced-price meal applications need to be submitted each year.
Checks payable to J-D Food Service, cash accepted or online pre-payment at myschoolbucks.com