



Lunch cost \$3.10

MARCH 2023

PRE-K & ELEMENTARY

MONDAY & WEDNESDAY

BLOGNA & CHEESE SANDWICH

HAM & CHEESE SANDWICH

PEANUT BUTTER & JELLY OFFERED EVERY DAY

TUESDAY & THURSDAY

TURKEY & CHEESE SANDWICH

TUNA SANDWICH

Monday

Lunch consists of 5 components

Students must take at least 3,

1 being a fruit or veg

or both to count as meal

FRESH FRUIT OFFERED EVERY DAY

CANNED FRUIT OFFERED EVERYDAY

1% MILK & LOWEAT CHOCOLATE

Tuesday

Wednesday

Thursday

Friday

CHICKEN PATTY
ON WG ROLL
MASHED POTATO
CORN
ASSORTED FRUIT
MILK

6

TACO TUESDAY:
BEEF TACO MEAT, LETTUCE, CHEESE
AND SALSA OVER NACHO CHIPS
BAKED BEANS
ASSORTED FRUIT CUP
MILK

7

BRUNCH FOR LUNCH:
FRENCH TOAST STICKS
TURKEY SAUSAGE
STEAMED CARROTS
VEGETABLE JUICE 4U
ASSORTED FRUIT CUP
MILK

8

HAMBURGER OR CHEESEBURGER
ON WG BUN

SMILEY FRIES
GREEN BEANS
ASSORTED FRUIT
MILK

9

WILD MIKE'S CHEESE PIZZA

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

3

PIZZA CRUNCHERS
WITH MARINARA SAUCE

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

10

SUPERINTENDENTS DAY
NO SCHOOL

13

BEEF HOT DOG
ON WG BUN

SWEET POTATO FRIES
VEGETARIAN BEANS
ASSORTED FRUIT
MILK

14

PUFFY PANCAKE BITES
W SYRUP
HASH BROWN
JUICE FOR 4U
ASSORTED FRUIT
MILK

15

BAKED ZITI
TEXAS TOAST

GARDEN SALAD
GREEN BEANS
ASSORTED FRUIT CUP
MILK

16

HOMEMADE CHEESE PIZZA

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

17

CHICKEN TENDERS
WITH DINNER ROLL

20

TATOR TOTS
CORN
ASSORTED FRUIT
MILK

HAMBURGER OR CHEESEBURGER
ON WG BUN

21

FRENCH FRIES
STEAMED CARROTS
ASSORTED FRUIT
MILK

BRUNCH FOR LUNCH:
FRENCH TOAST STICKS
TURKEY SAUSAGE
STEAMED CARROTS
VEGETABLE JUICE 4U
ASSORTED FRUIT CUP
MILK

22

GRILLED CHEESE
&
TOMATO SOUP WITH
CRACKERS
GREEN BEANS
ASSORTED FRUIT CUP
MILK

23

PIZZA BITES
WITH MARINARA SAUCE

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

24

POPCORN CHICKEN
WITH DINNER ROLL

27

MASHED POTATO
CORN
ASSORTED FRUIT
MILK

TACO TUESDAY:
BEEF TACO MEAT, LETTUCE, CHEESE
AND SALSA OVER NACHO CHIPS
BAKED BEANS
ASSORTED FRUIT CUP
MILK

28

YOGURT MEAL
DANNON YOGURT
WG 2 OZ PRETZLE
CHEESE STICK
BABY CARROTS
ASSORTED FRUIT
MILK

29

MEATBALL SUB
ON WG ROLL

GARDEN SALAD
GREEN BEANS
ASSORTED FRUIT CUP
MILK

30

STUFFED CRUST PIZZA

STEAMED BROCCOLI
TOSSED SALAD
ASSORTED FRUIT CUP
MILK

31

Free & reduced-price meal applications need to be submitted each year.
Checks payable to J-D Food Service, cash accepted or online pre-payment at myschoolbucks.com

