

**BREAKFAST**

BREAKFAST COST \$2.15

# MARCH 2023

## ELEMENTARY, MIDDLE & HIGH

BAGELS  
AND  
ASSORTED CEREAL  
ARE OFFERED EVERYDAY

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



MINI PULL APART  
CINNAMON ROLLS  
ASSORTED FRUIT  
JUICE  
MILK

6

WARMED BAGEL WITH  
CREAM CHEESE  
ASSORTED FRUIT  
JUICE  
MILK

7

A CEREAL OF CHOICE  
WITH A HOMEMADE MUFFIN  
ASSORTED FRUIT  
JUICE  
MILK

8

BREAKFAST SANDWICH:  
EGG AND CHEESE OR  
WITH PORK SAUSAGE  
ON AN ENGLISH MUFFIN  
ASSORTED FRUIT  
JUICE  
MILK

2

WG POPTART  
ASSORTED FRUIT  
JUICE  
MILK

9

FRENCH TOAST STICKS  
WITH SYRUP  
ASSORTED FRUIT  
JUICE  
MILK

3

PANCAKE ON A STICK  
WITH SYRUP  
ASSORTED FRUIT  
JUICE  
MILK

10

CHOCOLATE FRUDEL  
(PULL APART CHOCOLATE ROLL)  
ASSORTED FRUIT CUP  
JUICE  
MILK

13

MINI PANCAKES  
ASSORTED FRUIT  
JUICE  
MILK

14

WARMED GLAZED MINI  
BREAKFAST BITES  
ASSORTED FRUIT  
JUICE  
MILK

15

BREAKFAST SANDWICH:  
EGG AND CHEESE OR  
WITH PORK SAUSAGE  
ON AN ENGLISH MUFFIN  
ASSORTED FRUIT  
JUICE  
MILK

16

FRENCH TOAST STICKS  
WITH SYRUP  
ASSORTED FRUIT  
JUICE  
MILK

17

APPLE FRUDEL  
(PULL APART APPLE ROLL)  
ASSORTED FRUIT  
JUICE  
MILK

20

BUTTERY MAPLE WAFFLES  
ASSORTED FRUIT  
JUICE  
MILK

21

FLUFFY PANCAKE BITES  
W/SYRUP  
ASSORTED FRUIT  
JUICE  
MILK

22

WG POPTART  
ASSORTED FRUIT  
JUICE  
MILK

23

PANCAKE ON A STICK  
WITH SYRUP  
ASSORTED FRUIT  
JUICE  
MILK

24

MINI PULL APART  
CINNAMON ROLLS  
ASSORTED FRUIT  
JUICE  
MILK

27

MINI PANCAKES  
ASSORTED FRUIT  
JUICE  
MILK

28

A CEREAL OF CHOICE  
WITH A HOMEMADE MUFFIN  
ASSORTED FRUIT  
JUICE  
MILK

29

BREAKFAST SANDWICH:  
EGG AND CHEESE OR  
WITH PORK SAUSAGE  
ON AN ENGLISH MUFFIN  
ASSORTED FRUIT  
JUICE  
MILK

30

FRENCH TOAST STICKS  
WITH SYRUP  
ASSORTED FRUIT  
JUICE  
MILK

31

Free & reduced applications need to be submitted each year.

Checks payable to J-D Food service, cash accepted or online pre-payment at [myschoolbucks.com](https://myschoolbucks.com)

You must have 3 items on a tray - one must be a fruit to count as a meal.

**MY SCHOOL BUCKS** **PAY FOR MEALS ONLINE**  
[MySchoolBucks.com](https://myschoolbucks.com)