Jamesville-DeWitt Interscholastic Athletics Athletic Handbook

Check our website:
www.jamesvilledewitt.org/athletics

TABLE of CONTENTS

SECTION 1: Mission, Codes, Expectations
Letter from Athletic Director
NYSPHSAA Code of Ethics
Equity, Inclusion, And Diversity In Athletics
Section III Mission Statement
Section III Sportsmanship Policy
Section III Disqualification Policy
- Football disqualification
- Soccer

Expectations for Athletes
Expectations for Coaches
Expectations for Parents/Guardians
Chain of Communication for Conflict Resolution
NYSPHSAA Policy for Unruly Spectators
Combative Parent Policy

SECTION 2: JD Sport Offerings, Start Dates, NYS Pupil Eligibility

Start Dates
Sports Offering
Dual Sport Policy (SCAC rule)
NYSPHconSAA Pupil Eligibility for Interschool Competition
Athletic Placement Process (APP)
Combined Teams
Foreign Exchange / International Athlete Guidelines
Mixed Competition
Transfer Student Guidelines
Transfer Student Appeals Process
Transgender Athlete Guidelines / Appeals Process
Unified Sports

SECTION 3: JD Eligibility Guidelines
Jamesville DeWitt CSD Guidelines for Interscholastic Participation
Academic Extracurricular Eligibility - High School
Academic Extracurricular Eligibility - Middle School

SECTION 4: Things to Know / Do
How to Register and Sport Physical Requirements
Athletic Award System
Booster Club
Financial Expectations
Inherent Risk in Sports
Injuries
- Injury Management
  - Clearance requirements
  - Trainer Services
  - Pupil Benefits Insurance Plan
- Concussion Protocol Statement
- Concussion Identification, Return to Play

Issuance of School Clothing and Equipment
Parent Meeting
Parent Square

SECTION 5: General Policies
Adornments and Jewelry
Branding / Sponsorship
College Practice Participation
Drone Policy
Fundraising Policy
Hazing Policy
Leaving a Team
Practice Policies
- Practice Definition
- In-season
- Minimum practice requirements
- Carryover Practices
- Practice displacement
- Vacations
- Holidays
- Captain's Practices
- Out of Season / Off Season

Specialization Policy
Suspension: OSS & ISS Infractions
Substance Use and Possession Policy and Penalties
Social Media
Transportation Policy
Tryouts Policy
Weather Policy (NYSPHSAA)

SECTION 6: Forms and Documents
Athletic Field Map - High School
NYS Physical Form
Draft Form - Leaving a Team

Athletic Office
PO Box 606
6845 Edinger Drive
DeWitt, NY 13214

Telephone 315.445.8345
Fax 315.445.8307
fwheeler@jd.cnyric.org

Mr. Frederick S. Wheeler
Director of HPE/Athletics
http://www.jamesvilledewitt.org

Dear Parents and Athletes,

I would like to take this opportunity to welcome you to the Jamesville-Dewitt Central Schools Interscholastic Athletic Department. It is our hope, as well as that of the Board of Education, to provide a robust athletic program that promotes the physical, mental, and social development of our students.

Our athletic department proudly offers 30 varsity sports, encompassing 72 interscholastic teams, as well as Unified Sports for both boys and girls within Section 3. We are governed by the New York State Public High School Athletic Association and are proud members of the Salt City Athletic Conference (SCAC), which is known for its competitive excellence.

Enclosed within this athletic handbook, you will find valuable guidelines designed to support you as both an athlete and an engaged parent while your child participates in our athletic programs. We are committed to fostering a rich, enjoyable, and rewarding experience for all our students, from modified to varsity levels.

Thank you for your support and commitment to Jamesville-Dewitt athletics. Together, we will strive to create an environment where all athletes can thrive and represent our school with pride. Go Red Rams!

Yours in athletics,

Mr. Frederick S. Wheeler III
Director of Health, Physical Education and Athletics
Jamesville-DeWitt School District

SECTION 1: MISSION, EXPECTATIONS, and SPORTSMANSHIP

NYSPHSAA CODE OF ETHICS (linked to document)

IT IS THE DUTY OF ALL CONCERNED WITH HIGH SCHOOL ATHLETICS:

1. To emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
2. To eliminate all possibilities which tend to destroy the best values of the game.
3. To stress the values derived from playing the game fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and host.
6. To respect the integrity and judgment of the sports officials.
7. To achieve a thorough understanding and acceptance of the rules of the game and the standards of eligibility.
8. To encourage leadership, use of initiative and good judgment by players on the team.
9. To recognize that the purpose of athletics is to promote the physical, mental, moral, social and emotional well-being of the individual players.
10. To remember that an athletic contest is only a game – not a matter of life and death for player, coach, school, fan or community

EQUITY, INCLUSION, AND DIVERSITY IN ATHLETICS AT JAMESVILLE DEWITT CENTRAL SCHOOLS

At Jamesville-DeWitt Central School District, our athletic program is a vital extension of the educational experience and reflects the values outlined in our district's mission and beliefs. We are committed to ensuring that all students—regardless of race, ethnicity, gender identity, sexual orientation, socioeconomic background, language, ability, or family status—have equitable access to participation and success in athletics.

We believe athletics can be a powerful platform for fostering a safe, inclusive, and respectful environment where all student-athletes feel welcomed, supported, and celebrated. Our athletic program believes that diversity strengthens teams, builds character, and enhances the educational journey of every student-athlete.

As such, we are committed to the following:

- **Equitable Opportunity**: We ensure that all students have access to high-quality athletic programs, facilities, and coaching, including differentiated support where needed to remove barriers to participation and achievement.
- **Inclusive Environment**: Every athlete will be treated with dignity and respect, and we will actively work to eliminate discrimination, racism, and bias—intentional or unintentional—from our athletic culture.
- **Culturally Responsive Practices**: Coaches, staff, and student-athletes will engage in ongoing education and reflection to understand the impact of identity and culture in sports. Professional development in culturally responsive and sustaining practices will be a regular component of athletic staff training.
  Representation and Leadership: We strive to recruit, retain, and support a diverse coaching staff that reflects our student population and models inclusive leadership on and off the field.
- **Community Engagement**: Families and caregivers, particularly those from underrepresented groups, are recognized as essential partners in our athletic program. We welcome their voices and contributions in shaping a positive, equitable sports experience for all students.

Participation in Jamesville-DeWitt athletics is not only a privilege but also a responsibility to uphold the values of equity, inclusion, sportsmanship, and integrity. Together, we aim to ensure that every student-athlete thrives, grows, and succeeds—both in competition and in life.

SECTION III MISSION STATEMENT

The mission of Section III Athletics is to provide a governing body that shall organize, administer and facilitate the interscholastic athletic program for member schools of Section III of the New York State Public High School Athletic Association (NYSPHSAA). Section III Athletics shall:

1. Interpret and support its own rules and regulations as well as those of the Commission ero Education and the NYSPHSAA
2. Strive to continually strengthen programs and improve athletic opportunities for students in grades 7 - 12.
3. Lead, assist and involve all constituents in developing and maintaining consistent, equitable competition.
4. Not be responsible for school and league rules and athletic programs planned and controlled by leagues and their personnel. All Section III schools must abide by game rulebooks, league, Section III and NYSPHSAA adopted variations.

SECTION III SPORTSMANSHIP POLICY for ATHLETES and COACHES

The Section III Sportsmanship Policy clearly states "that athletes and/or coaches who have been disqualified from athletic contests for unsportsmanlike conduct shall not be permitted to participate in the next previously scheduled contest".

The penalty for any ejections from any contest that occurs in the last game or games of a season will carry over to the next sport season in which the ejected athlete or coach participates.

ALL red cards in soccer and all ejections in other sports that result in the sit-out rule being applied will result in a progressive series of penalties as follows:

1. 1st Ejection -- Player or Coach is suspended from the next regularly scheduled contest.
2. 2nd Ejection in a Season -- Player or Coach is suspended from next two regularly scheduled contests.
3. 3rd Ejection in a Season -- Player or Coach is suspended for the remainder of the season.

The intent of the rule is as stated. Therefore, if an athlete and/or coach was in fact unsportsmanlike, then they shall not play or coach as stated. If a school investigates a disqualification and finds justification for not applying the penalty, (the person was not unsportsmanlike, being the only acceptable reason) then that school must notify all pertinent parties of this decision. (Officials, Section III Office, next opponent(s), opponents when disqualification occurred).

Relief should only be granted for rules infraction disqualifications that are not unsportsmanlike. Examples: running out of the lane in a track meet - wrong athlete is disqualified

The designated reporting form is to be completed and mailed within seven (7) days of a disqualification, by the Athletic Director of the school that has had athletes and/or coaches disqualified.

Failure to notify, or delinquency in reporting disqualifications may result in school being reprimanded by the Section III Executive Committee. Future shortcomings in this area will result in stronger disciplinary action.

A school administration that fails to enforce this policy will have a contest forfeited in which the offending individual participates as an ineligible participant (next previously scheduled contest). This notification must take place before the next contest. Time restrictions may require that telephone communications take place in order to properly notify all parties.

SECTION III ATHLETIC DISQUALIFICATION

DISQUALIFICATION POLICY:

A coach, player or official who strikes, shoves, kicks, or makes other physical contact with the intent to annoy, harass or intimidate another person shall be expelled immediately and banned from further participation in all sports for a period to be determined by the Section not to exceed one year from the date of the offense.

Section # 3 Rules: Schools must self-report within 24hrs on the ejection, regardless of officials documenting the event. (FORM: Filled out online Section #3 home page, email confirmation will be shared with the school once completed).

Disqualifications (Ejections) All ejections from all sports of any player, coach or school support personnel at all levels must be reported on the Section III disqualification form within one working day of the incident. There is no provision in Section III or New York State Public High School Athletic Association rules to review video for the purpose of voiding a suspension associated with an ejection.

Coach:

Any coach excluded by a certified official from an inter-school competition for unsportsmanlike conduct, including but not limited to taunting, is ineligible to coach any inter-school competition in that sport until after the next previously scheduled contest at the same level (e.g. junior varsity, varsity, etc.) has been completed. In individual sports, a multi-day contest is considered to be one contest.

Disqualification from one season carries over to the next season of participation. The coach may not be present at the game site nor communicate in any manner during the contest with any person present at the site.

> ***NOTE:*** "Not being physically present at the site" means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands or site area before, during or after the game/meet. Any coach ejected from: a. One ejection, shall not participate in the next regularly scheduled contest. b. A second ejection in the same sport, in the same season, shall not participate in the next two regularly scheduled contests.

c. A third ejection in the same sport, in the same season, will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation. If a coach's behavior reaches the stage of being unreasonable and such behavior warrants the ejection of the coach from the contest, the school is solely responsible for providing team and/or individual student athlete supervision. In the event that no certified coach, who is approved by the board of education, is available, the contest will be terminated and forfeited.

Player:

Any member of a squad ruled out of a contest (scrimmage/game) for unsportsmanlike conduct, including taunting, or for a flagrant foul, or its equivalent for that sport, shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play, but may be present on site at the discretion of the school district. In individual sports, a multi-day contest is considered to be a contest. The contest in which the athlete was disqualified must count in the total maximum number of contests permitted.

Disqualifications from one season carry over to the next season of participation. 16 Disqualifications cannot be appealed unless it's a wrongly identified player. Any player ejected from a contest will be subject to the following sanctions: a. One ejection shall not participate in the next regularly scheduled contest. b. A second ejection in the same sport, in the same season, shall not participate in the next two regularly scheduled contests.

A third ejection in the same sport, in the same season, will not be allowed to participate for the rest of the season. d. All-Stars games or activities are not counted as a "regularly scheduled contest" and athletes/coaches in question may not participate until the suspension is served. If the third ejection takes place

in the last contest of the season (regular season or post schedule play), the Section Athletic Council will assess the penalty carrying over into the next season of participation.

Football Disqualification
Football disqualifications state that any athlete ejected from a football game will be suspended from contest play for the next two consecutive halves. Coaches and school personnel will be suspended for the next full game.

Appeals:
At the December 2010 NYSPHSAA Executive Committee meeting, a rule change gave the authority to each Section to hear only appeals of a misidentified player, review clear and concise evidence and penalize the appropriate student athlete. All other ejections stand without appeal.

The intent of the rule is as stated. Therefore, if an athlete and/or coach was in fact unsportsmanlike, then they shall not play or coach as stated.

JAMESVILLE DEWITT EXPECTATIONS

(linked to District 24-25 code of conduct)

ATHLETE
All student athletes have the responsibility to:

1. To attend school daily, regularly and on time, perform assignments, strive to do the highest quality work possible and actively participate in educational and athletic activities.
2. Show respect toward staff, other students, visitors, school property, and the personal property of others, treating others in the manner that one would want to be treated.
3. Be familiar with all school rules, regulations, and expectations regulating student's behavior and conduct oneself in accordance with those guidelines.
4. To express opinions, frustrations, or concern in a respectful manner so as not to offend, slander, or restrict, the rights and privileges of others, using appropriate language, and showing common courtesy to others during all school-related activities.
5. Comply with reasonable requests made by coaches, officials, and staff.
6. Behave as a representative of the district, maintaining high standards of conduct, sportsmanship, and citizenship during all school-related activities.
7. Report information to a school administrator which might impact the safety, well being, or emotional health of you or a teammate in the school-related environment.
8. To respect one another and treat others fairly in accordance with the District Code of
9. Conduct and the provisions of the Dignity for All Students Act.
10. To conduct themselves in a manner that fosters an environment that is free from intimidation, harassment, or discrimination. To report and encourage others, to report any incidents of intimidation, harassment or discrimination.

COACH
All district coaches are expected to:

1. Maintain a climate of mutual respect and dignity for all students regardless of actual or
2. Perceived race, color, weight, national origin, ethnic group, religion, or religious practice, sex, gender (identity or expression), sexual orientation, or disability, with an understanding of appropriate appearance, language, and behavior in a school setting.
3. Demonstrate interest in coaching, teaching, and concern for student athlete performance improvement.
4. Know district policies and rules, and enforce them in a fair and consistent manner.
5. Communicate the following to student athletes and parents:
    a. Team objectives and requirements and expectations for student athletes
    b. Team procedures, cut policy, absence policy, and transportation regulations
    c. Team and/or building code of conduct requirements and consequence

6. Communicate regularly with student athletes and parents
7. Report information to a school administrator which might impact a safe or healthy environment.
8. Confront issues of discrimination and harassment in any situation that threatens the emotional or physical health or safety of any students, school employee or any person who is lawfully on school property or at a school function.
9. Address personal biases that may prevent equal treatment of all student athletes in the athletic setting.
10. Report incidents of discrimination and harassment that are witnessed or otherwise brought to the coaching staff attention to the athletic director and building administrator
11. Address and support the social, emotional, and mental wellness of all student athletes.
12. Coaches are reminded that all requests regarding spaces, any changes to practice, games, scrimmages, transportation, and officials must be directed through the athletic office. Unauthorized changes or direct communication with athletic directors from other schools are not permitted. Please ensure all inquiries are managed by the athletic office director or assistant.

PARENTS/GUARDIANS

Parents / Guardians are expected to:

1. Recognize that the education of their student athlete is a joint responsibility of the parents and the educational community. Athletics is an extension of the educational community.
2. Ensure the student athlete is ready to participate and learn.
3. Ensure the student athlete attends class regularly and on time. Ensure absences are communicated and/or excused.
4. Act as a role model and foster the knowledge that appropriate rules are required to maintain a safe and healthy environment.
5. Know the district, school, and team rules and support your student athlete understand and follow these rules.
6. Help their student athlete deal effectively with peer pressure.
7. Inform school officials, coaches of changes in the home situation that may affect student conductor performance.
8. Teach their children respect and dignity for themselves, and other students regardless of actual or perceived race, color, weight, national origin, ethnic group, religion, or religious practice, sex, gender (identity or expression), sexual orientation, or disability which will strengthen the child's confidence.
9. Act as a positive role model and demonstrate good sportsmanship at all contents.

CHAIN of COMMUNICATION for CONFLICT RESOLUTION

In the event of a conflict or challenge arises while on a team, please allow for 24 hr rules after a contest before contacting the coach. This includes issues or concerns with playing time, substitutions, “benching” of an athlete, or how the practice or game has been coached.

If the situation will compromise the student athlete’s physical or mental health, reach out to the coach immediately.

The progression of communication is dependent upon with whom there is a conflict and is as follows:

Step One:	Student athlete sets up time to speak with their coach no earlier than 24 hrs after a game or contest
Step Two:	Parent sets up time to speak with the coach
Step Three:	Parent emails Athletic Director (AD) with concerns
Step Four:	AD and Coach meet to discuss a plan of action
Step Flve:	AD talks with parent to resolve concern

Step Six:	AD, coach, parent, and athlete meet at JD. Mediation with a written process with specific details for player and coach to function going forward and/or mediation.
Step Seven:	AD has final decision if conflict still exists based on investigation
Step Eight:	AD informs and follows up with the Superintendent.

NYSPHSAA POLICY for UNRULY SPECTATORS

In 2023, New York State Public High School Athletic Association (NYSPHSAA) instituted a policy to address unruly fans. The details of the policy are included this excerpt from the NYSPHSAA Handbook below:

> **Expectation Statement:** Officials, just like student athletes and coaches, are critical to interscholastic sports programs. Without officials, NYSPHSAA and its member schools would not be able to provide interscholastic sports in the manner that is desired and expected by student athletes, coaches, and parents. Spectators are expected to "Be Loud, Be Proud, and Be Positive." Negative comments and inappropriate behaviors by spectators are required to be addressed by all and any school supervisors and administrators, as a member of NYSPHSAA. Spectators may be prohibited from attending current and future interscholastic contests based on their behavior.
>
> **Spectator Regulation:** Any negative, inappropriate, derogatory comments or actions that draw the direct attention of a supervisor or school administrator by a spectator or group of spectators are required to be addressed by the host school, Sectional or NYSPHSAA representative in the following non-sequential order depending on the comments or behavior:
>
> - **First warning** – Directing the spectator or group of spectators to refrain from any negative comments or actions.
> - **Second warning** – A personal discussion with the spectators or group of spectators on the above NYSPHSAA expectations and reminding the spectators or group of spectators of the next step, removal of the game or event, will be utilized if the behavior continues.
> - **Removal from the contest** – The spectator or group of spectators will be directed to leave the facility for the remainder of the game or event. If spectators or a group of spectators refuse to leave the game or event, play will be stopped until they vacate the premises.
>
> **Penalty for being removed from a game or event:** Any spectator removed from a game or event will have a minimum penalty of completing the NFHS Parent Credential course or a one game suspension before they are allowed to attend any interscholastic event. Once the course is completed the spectator will provide a certificate of completion to the athletic department office. Schools are required to communicate with the offending spectator on the NYSPHSAA Sportsmanship Spectator Expectations.
>
> Depending on the severity of the behavior/comments or future disqualifications by the offending spectator NYSPHSAA and the Section may get directly involved in the situation.

COMBATIVE PARENT POLICY

We are committed to fostering a positive and respectful environment for our student-athletes, coaches, and families. The role of our coaches is vital in guiding and developing our athletes, and it is essential that all interactions between parents, family members, and coaches adhere to established boundaries.

In order to ensure a constructive atmosphere, any verbal or physically combative behaviors that undermine this environment—such as yelling, arguing, using inappropriate language, threatening, or intimidating coaches—will not be tolerated. Parents are expected to follow the code of ethics and expectation guidelines outlined in this handbook.

In the event that a parent or family member violates these boundaries, the following protocol will be implemented:

1. The coach will report the incident to the Athletic Director (AD) in writing via email.
2. The AD will conduct an investigation into the reported issue, involving the School Resource Officer (SRO) and principal as necessary.

3. The AD will meet with the coach to discuss the findings of the investigation (if the findings are deemed valid).
4. Following this, the AD will meet with the parents involved in the incident and document the discussion.
5. A resolution will be provided in writing, which may include one or more of the following actions:
    - A formal warning regarding the incident.
    - Suspension of spectator privileges for one or more games.
    - A ban from attending events as a spectator for the remainder of the season.
    - SRO-Criminal Investigation reported to the Town Of Dewitt Police.

We appreciate the cooperation of all parents and family members in maintaining a supportive environment for our student-athletes. Thank you for your commitment to upholding these standards.

SECTION 2: JD SPORTS and PARTICIPATION POLICIES

START DATES

SEASON	VARSITY / JV	MODIFIED START	MODIFIED END
Fall	Football Monday - Aug. 17 & Rest-Aug.24th, 2026.	Football Monday, August 24 & Rest August 31st, 2026	Saturday, October 24, 2026
Winter	Monday, November 16,2026		
Winter 1		Monday, October 26, 2026	Wednesday, December 23, 2026
Winter 2		Wednesday, January 6, 2027	Saturday, March 6, 2027
Spring	Monday, March 8, 2027	Monday, April 5, 2027	Saturday, May 29,2027

SPORT OFFERINGS

FALL SEASON							
Host school listed first	**Boys**	**Girls**	**Mixed**	**Varsity**	**JV**	**Modified 9***	**Modified 7/8**
Cheerleading			X	X	X		
Cross Country	X	X		X			X
Football -,	X			X		X	
Golf	X			X			
Gymnastics (**JD** / FM)		X		X		X	
Soccer	X	X		X	X		X
Swimming & Diving		X		X			X
Tennis		X		X		X	
Volleyball	X	X		X	X		
WINTER SEASON							
Host school listed first	**Boys**	**Girls**	**Mixed**	**Varsity**	**JV**	**Modified 9***	**Modified 7/8**
Basketball	X	X		X	X		X
Cheerleading			X	X	X		
Ice Hockey (**CBA** / JD)	X			X			
Swim & Dive (**JD** / CBA)	X			X			X
Unified Bowling			X	X			
Volleyball	X	X					X
Winter Track & Field	X	X		X			
Wrestling (**JD** / CBA)	X	X		X	X		X
SPRING SEASON							
Host school listed first	**Boys**	**Girls**	**Mixed**	**Varsity**	**JV**	**Modified 9***	**Modified 7/8**
Baseball	X			X	X	X	X
Golf		X		X			
Lacrosse	X	X		X	X		X
Outdoor Track and Field	X	X		X			X
Softball		X		X	X		X
Tennis	X			X		X	
Unified Basketball			X	X			

* **Modified 9:** grades 7, 8, 9

DUAL SPORT PARTICIPATION

The Salt City Athletic Conference (SCAC) **does not** allow student athletes to participate on two teams in the same season.

NYSPHSAA PUPIL ELIGIBILITY GUIDELINES FOR INTERSCHOOL COMPETITION

(from NYSPHSAA handbook, pg 26)

Age / Grade

A student shall be eligible for interschool competition in grades 9, 10, 11 and 12 (not to exceed four consecutive years) until his/her nineteenth birthday. If the age of nineteen years is reached on or after July 1, the student may continue to participate during that school year in all sports.

- **NOTE:** Students may be eligible regardless of age or grade if they have been approved through the State Education Department's Athletic Placement Process. The 15-year-old below the 9th grade needs only to meet the Athletic Placement Process maturity standards to be eligible at the high school level.

Amateur

A student who represents a school in an interscholastic sport shall be an amateur in that sport. An amateur is one who engages in athletic competition solely for the pleasure of the activity and for the physical, mental, and social benefits derived from participation and has not been compensated with money, gift cards / certificates, or prize money that hasn't been approved by NYSPHSAA. NYSPHSAA N.I.L rules 2025 enforced for high school athletes.

Bona Fide Student

A student must be a bona fide student of the high school represented and must be taking at least four subjects including Physical Education. Exceptions for special cases must be approved by the League and Section.

ATHLETIC PLACEMENT PROCESS (APP)

(linked to JD athletics page)

We promote and encourage student-athletes to play at grade-level. As a fundamental starting point, grade 7 and 8 students should be placed on the middle school programs, students in grades 9 and 10 on the junior varsity teams and students in grades 11 and 12 should be placed at the varsity level.

Eighth grade students may be considered for placement on junior varsity and varsity squads in all sports that are offered .Seventh grade students may be considered for placement on a junior varsity or varsity only if the requested sport is not offered at the modified level. Coaches will determine which students play on either junior varsity or varsity levels.

Deadlines for Parent/Guardian requests:

- Fall Sports Season – August 15
- Winter Sports Season – November 15
- Spring Sports Season – March 15

MORE INFORMATION: Athletic Placement Process for Inter School Athletic Programs document.

COMBINED TEAMS

(from NYSPHSAA handbook, pg 30)

Definition: The joining together of students from two or more-member schools in the same district or proximity to form a single team.

Combined teams are subject to the following conditions:

1. Permission must be obtained from the league and section on an annual basis.
2. Section approval must be reported to the NYSPHSAA, Inc., Executive Committee.
3. Section shall determine the deadlines for schools to merge or demerge programs.
4. If a non-public school is part of the merger, the "merged" team may be subject to the Section's Classification of Non-Public School Committee.
5. If a merger is denied by the Section, schools have the ability to resubmit a merger using 100% of all schools BEDS enrollment numbers.

Combined teams are the responsibility of the host school.

- Discipline:
    - Jamesville-DeWitt combined teams are governed by the regulations of both the host and home schools. Any violations will be addressed collaboratively by the athletic directors of both institutions. Following an investigation, the athletic directors will determine appropriate consequences in accordance with the schools code of conduct.

- Financial:
    - ADs of the combined schools communicate the needs and financial responsibilities and responsibilities will be laid out in the individual agreements
    - Partnering schools will be involved to assist if their students have specific needs not provided by the host school and/or included in the original agreement.
    - Booster Club support is separate from school responsibility and funds will be expended on JD athletes only.

FOREIGN EXCHANGE and INTERNATIONAL ATHLETE PARTICIPATION GUIDELINES

(from NYSPHSAA handbook, pg 32)

The following criteria apply to all Foreign Exchange and International students:

1. Students who have graduated from the secondary school system in their country are ineligible for the interschool athletic program.
2. No member of the school's coaching staff or athletic director, paid or voluntary, shall serve as a host family. School districts may apply to the Section for a waiver if the student is living with a member of the school's coaching staff or athletic director and if the student has not played the sport competitively.
3. There shall be no evidence that a student, school or other interested party has influenced the assignment of the foreign exchange or international student to a school for athletic purposes.
4. Students must possess the appropriate visa.
5. The foreign exchange and international student must comply with all other NYSPHSAA and NYSED eligibility requirements.

Foreign Exchange Student Athletes: The exchange must be through a program approved by the Council of Standards for International Exchange and Travel. All Foreign Exchange Students must be reported to the Athletic Department for submission to the Section III office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval from Section III.

With the Athletic Director's help, foreign exchange students must complete the Section III form and the Exchange Program Information. Foreign exchange students will need the Name and Department Code to compete.

International Student Athletes: An International student is a student that is enrolled in a NYSPHSAA member school, who is not enrolled in a foreign exchange program nor living with his/her parents (or other persons with whom the student has resided for at least six months prior). All international students are considered to be transfer students. Eligibility is determined under the transfer rule. NOTE: If an International student has participated in an organized sports program in a particular sport, equivalent to or on a higher level than our high school programs, he/she is ineligible to participate in that sport for one year.

MIXED COMPETITION

(linked to and from Commissioner guidelines, from NYSPHSAA handbook, pg 36)

Definition: Male and female students on inter school athletic teams.

Equal opportunity to participate in inter school competition either on separate teams or in mixed competition on the same team shall be provided to male and female students, except as hereinafter provided.

In schools that do not provide separate competition for male and female students in a specific sport, no student shall be excluded from such competition solely by reason of sex except in the following circumstances:

Fitness Level Review: In the sports of baseball, basketball, football, ice hockey, lacrosse, soccer, and wrestling, the fitness of a given student to participate in mixed competition shall be determined by a review panel consisting of:

1. school physician
2. physical education teacher designated by the principal of the school
3. if requested by the parents of the pupil, a physician selected by such parents

Such a panel shall make its determination by majority vote of the members, and in accordance with standards and criteria issued by the department.

Adverse Effect of Participation**:** the superintendent of schools or the section may decline to permit a male or males to participate on a team organized for females upon a finding that such participation would have a significant adverse effect upon the opportunity of females to participate successfully in interschool competition in that sport.

NOTE: In the instance of an exceptional female in a sport with separate competition for male and female pupils in inter school athletic competition in a specific sport, the superintendent of schools may permit a female(s) to participate on a team organized for males. However, where separate competition is provided, males may not participate on teams organized for females.

NYSPHSAA requires that the names of girls and boys who participate on a team of the opposite sex be submitted to the league and section before any inter school contest in that sport. Teams with multiple representations of boys and girls must be declared girls or a boys' team by their schools, prior to the first competition.

The Athletic Office & AD will complete the Mix Competition form before an athlete can compete in the sporting event.

TRANSFER STUDENT GUIDELINES

(from NYSPHSAA handbook, pg 49)

NOTE: The Transfer Rule will be enforced as written with no variations permitted.
NOTE: A student's eligibility is determined by the situation/ facts at the time of registration.

A. A student in grades 9-12 who transfers, with a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months) shall become eligible after starting regular attendance in the second school. A residence change must involve a move from one school district to another. Furthermore, when a student moves from a public school district to another public-school district for athletic eligibility the student must enroll in the public-school district or in a private school within that district's boundaries of his/her parent's residency. For athletic eligibility, a residency is changed when one is abandoned by the immediate family and another residency is established through action and intent. Residency requires one's physical presence as an inhabitant and the intent to remain indefinitely. The Superintendent, or designee, will determine if the student has met district residency requirements.

B. A student who transfers without a corresponding change in residence of his/her parents (or other persons with whom the student has resided for at least six months prior) is ineligible to participate at the varsity level in any interscholastic athletic contest in a particular sport for a period of one (1) year if as a 9-12 student participated in that sport during the one (1) year period immediately preceding his/her transfer. NOTE: Students in grades 7-10, shall be eligible to participate at the sub-varsity level and practice at all levels, while students in grades 11-12 shall be limited to practice (all levels) only. (July 2019). At no time during the one-year period of ineligibility at the varsity level should a student participate in a scrimmage or be an exhibition participant at the varsity level.

   Students who transfer from any school to the public-school district of the residence of his/her parents (or other persons whom the student has resided for at least six months) or a private school within that district's boundaries shall receive a waiver from the Transfer Rule. Such a transfer without penalty will only be permitted once in a high school career. **Schools must submit the required transfer form to**

the Section office. Athletes are not permitted to practice before the form has been submitted. Athletes are not permitted to compete without approval.

NOTE: A student in a foreign exchange program listed by CSIET has a one-year waiver of the Transfer Rule. If such a student elects to stay a second year he/she becomes a foreign student at the start of the school year with item (b) in effect.

Exemptions to (B):
For athletic eligibility, a student must enroll in the public-school district or in a nonpublic school within that district's boundaries of his/her parent's residency.

1. The student reaches the age of majority and established residency in a district and can substantiate that they are independent and self-supporting.
2. If a private or parochial school ceases to operate a student may transfer to another private or parochial school of his/her choice. Otherwise, a student must enroll in the public-school district of his/her parents' residency.
3. A student who is a ward of the court or state and is placed in a district by court order. Guardianship does not fulfill this requirement.
4. A student from divorced or "legally" separated parents who moves into a new school district with one of the aforementioned parents. Such a transfer is allowed once every six months. The legal separation agreement must address custody, child support, spouses support and distribution of assets and be filed with the County Clerk or issued by a Judge.
5. A student who is declared homeless by the superintendent pursuant to Commissioner's Regulation 100.2.
6. A student of a military employee who is transferred to an active military base may enroll in the non-public school closest to their residence and maintain eligibility if the student enrolls in a non-public school immediately following the change in residence.
   NOTE: It is provided, however, that each school shall have the opportunity to petition the section involved to approve transfer without penalty based on an undue hardship for the student. Educational Waivers will not be considered as an undue hardship effective for the 2015-2016 school years.

C. Transfer students trying out for sports before school opens in the fall shall register and be accepted by the principal of that school before the medical examination and the first practice. This shall constitute the start of the regular attendance for falls sports. NOTE: After approval by the school medical officer a student may practice immediately and must satisfy the specific sports standard according to the number of practice sessions.

D. Practices at the previous school may be counted toward the minimum number of practices required provided the principal or athletic director of the previous school submits, in writing, the number and dates of such practices to the principal or athletic director of the new school.

E. 7th and 8th graders that compete at the high school level will be subject to the transfer rule in "that" sport (effective with the 2017-2018 school years).

TRANSFER STUDENTS APPEALS PROCESS

(from NYSPHSAA handbook, pg 50)

The NYSPHSAA, Inc. is an association of member schools. Therefore, appeals will only be entertained from school, leagues and sections. All questions of eligibility and all questions regarding the implementation of the rules and regulations of the NYSPHSAA, Inc. or of any of its subdivisions shall be referred to the Athletic Director to submit to the league. The league shall be guided by the constitution, bylaws, rules, regulations, and sports standards of the league, the section, and the association. All appeals are to be in writing.

Transfer Appeal Guidelines:
Financial - Appeals require documented proof of a significant loss of income or a significant increase in expenses.

- Written description outlining the circumstances that led to the financial hardship
- Appropriate documentation may include:
    - Evidence of loss income or change in financial obligation that are not self- imposed.
    - Family W2 forms – pay stubs
    - Notarized statement from parent
    - Statement from employer or professional with knowledge of circumstances
    - Most recent tax returns– two years

Health and Safety - Appeals are considered for safety, mental health, personal relationships and other similar circumstances.

- Written documentation is required from the Superintendent of Schools or High School Principal of the sending school indicating the specific circumstances which necessitated the transfer.
- Supporting documentation from a third party outside of the school may be submitted (ex. police report)

TRANSGENDER GUIDELINES

(from NYSPHSAA handbook, pg 51)

The NYSPHSAA recognizes the value of participation in interscholastic sports for all student athletes. The NYSPHSAA is committed to providing all students with the opportunity to participate in NYSPHSAA activities in a manner consistent with their gender identity and the New York State Commissioner of Education's Regulations.

The Dignity for All Students Act (DASA) prohibits discrimination and/or harassment of students on school property or at school functions by students or employees. The prohibition against discrimination includes discrimination based on a student's actual or perceived sex and gender. Gender includes a person's actual or perceived sex as well as gender identity and expression.

Procedure:

1. The student or the parent(s)/guardian shall notify the Superintendent (or designee) that the student would like the opportunity to participate in interscholastic athletics consistent with the gender he/she identifies as.
2. The student's home school will determine the eligibility of a student seeking to participate in interscholastic athletics in a manner consistent with his/her gender identity where the student's gender identity does not correspond to his/her sex assigned at birth.
3. The Superintendent (or designee) will confirm the gender identity asserted for purposes of trying out for an interscholastic sports team through documentation from the parent, guardian, guidance counselor, or from a doctor, psychologist or other medical professional.
4. On a seasonal basis the school will provide approval of eligibility to try out for an interscholastic sports team or teams which correspond to the student's gender identity.
5. The Athletic Director should notify the NYSPHSAA if any accommodations are needed.

For purposes of the above guidelines the following definitions will apply:

- *Assigned Sex at Birth:* the sex designation, usually male or female, assigned to a person when they are born.
- *Gender Expression*: the manner in which a person represents or expresses gender to others, often through behavior, clothing, hairstyles, activities, voice or mannerisms.
- *Gender Identity*: a person's gender- related identity, appearance or behavior, whether or not that gender-related identity, appearance or behavior is different from that traditionally associated with the person's physiology or behavior assigned sex at birth.
- *Gender non-conforming (GNC)*: a term used to describe people whose gender expression differs from stereotypic expectations. The term "gender variant" or "gender atypical" are also used. Gender nonconforming individuals may identify as male, female, some combination of both, or neither.
- *Sexual Orientation*: a person's sexual orientation and sexual attraction to other people based on the gender of the other person. Sexual orientation is not the same a s gender identity. Not all transgender

youth identify as gay, lesbian or bisexual, and not all gay, lesbian and bisexual youth display gender-nonconforming characteristics.
- *Transgender*: an adjective describing a person whose sex assigned to him or her at birth does not correspond to their gender identity.
- *Transition*: the process in which a person goes from living and identifying as one gender to living and identifying as another.
- *Privacy Policy*:

All discussions and documentation shall be kept confidential to the extent permitted by law unless the student and the family make a specific request in writing.

Appeals:
All appeals with respect to a District's determination as to eligibility of a transgender student to participate in interscholastic sports will go directly to the Commissioner of Education.

Reference:
New York State Education Department: Guidance to School Districts for Creating a Safe and Supportive School Environment for Transgender and Gender Nonconforming Students

UNIFIED SPORTS

Unified Sports play a vital role in promoting inclusivity and equal opportunities for all students. Students in grades 9 - 12 are encouraged to participate. Both sports, bowling and basketball, are offered at no cost to athletes or families. These programs are designed to foster teamwork, sportsmanship, and social interaction among participants. The JD Athletics Department oversees all aspects of Unified Sports, ensuring that qualified coaches, practice sessions, games, officials, uniforms, and transportation are provided. By participating in Unified Sports, student-athletes not only enhance their athletic skills but also build lasting friendships and a sense of community. This initiative exemplifies the district's commitment to inclusivity and the holistic development of all students.

Sports offered at JD:
- Unified Basketball
- Unified Bowling

SECTION 3: JD GUIDELINES FOR INTERSCHOLASTIC PARTICIPATION and EXTRACURRICULAR POLICY

PARTICIPATION GUIDELINES FOR INTERSCHOLASTIC ATHLETICS

General Responsibilities

Student athletes must:

1. Attend school for at least one half of the school day in order to participate in practice or competition that day.
    a. Exceptions can be made only with permission of the Director of Athletics or the building principal.
    b. If partial absence of the school day is due to illness, student athletes must have the nurse evaluate their ability and clear the athlete to participate in a practice or contest that day.
    c. Students that are consistently tardy may lose privileges.
    d. **Special or extenuating circumstances:** Athlete requests to participate in a game or contest due to special or extenuating circumstances leading to a legal, excused absence should be expressed in writing to the Athletic Director. The family of the athlete needs to email the Athletic Director for approval: fwheeler@jd.cnyric.org
    Example Include but not limited to:
        - Death in Family
        - Medical Appointment
        - College Visits.
        - Field Trip
2. Cooperate with all school personnel (teachers, teaching assistants, administrative staff, coaches, managers, bus drivers, custodians, supervisors, etc.)
3. Report on time for all practices and contests unless excused by the coach in advance.
4. Travel to and from all contests under the supervision of personnel assigned by school administration. See *Transportation* for more details and procedures for requesting exemption.
5. Uniform and School equipment management:
    a. Use equipment as intended
    b. Return equipment in person and in a timely manner upon leaving a team or at the conclusion of the season.
    c. Do not wear school issued uniforms or equipment for personal use without permission from your coach or the Director of Athletics. This includes out of season competitions/games/races and senior photos.
6. Participate in Physical Education class. Physical Education class is part of the required curriculum for graduation and eligibility in NY State; therefore student-athletes must be enrolled in Physical Education and the three core courses to be eligible to participate in interscholastic athletics.
7. Demonstrate high levels of sportsmanship. This includes:
    a. Treat all participants, coaches, officials, and spectators with respect and courtesy
    b. Refrain from the use of vulgar language or gestures.
    c. Play by the rules of the sport.
8. Be honest and lawful and are expected to maintain high standards of conduct at all times, both in school and out.
9. Report to their coach any injury or change in physical condition that affects their ability to safely participate in athletic practices or contests.

NOTE: Student athletes who violate team rules, school rules, or represent the JD school district with poor sportsmanship, may be subject to disciplinary action, missing a game, 1/2 of a game or removal from a team.

EXTRACURRICULAR ELIGIBILITY POLICY

HIGH SCHOOL EXTRACURRICULAR ELIGIBILITY POLICY

Introduction

JDHS eligibility requirements are established to ensure that students can participate in any extracurricular activity that is non credit bearing or to ensure access to senior privileges. The following definitions are used in this policy:

- Extracurricular Activities: non credit bearing activities such as athletics, clubs, student performances, activities, trips not connected to class and curriculum.
- Core Classes: Core classes can be defined as math, science, social studies, world languages, physical education, English and health.
- Probation: A period of time, in this case the remainder of the marking period, in which a student must complete weekly progress sheets.
- Ineligible: Occurs when students are not permitted to participate in extracurricular activities, because they do not meet the threshold for eligibility as listed below.

Eligibility

In order to participate in any extracurricular activity, or to access senior privileges, the following condition(s) must be met

- Students in grades 9-11, must be passing four (4) core courses on the most recent report card.
- Students in grade 12, who are planning to graduate within the school year, must be passing all courses necessary for graduation.

Students who do not meet these conditions are considered to be on “academic probation” until the next report card.

Probation & Eligibility Timelines

Within a week after the distribution of report cards, an eligibility report will be processed by school administration, and will share that list with School Counselors, Athletic Department, and club advisors.

School counselors will notify students and families of a student's ineligibility.

A student is able to regain eligibility by having a passing score in the previously failing class, but will remain on probation until the end of the semester.

The following timeline provides descriptions of actions and outcomes for students in weeks one and two of ineligibility.

Week	Description	Actions	Outcomes
One	Students will not be allowed to participate in any extracurricular activities, including attending games.	Students will meet with counselors to develop a plan for attending extra-help sessions during the activity period. Students will bring completed weekly progress reports to admin and coaches each week. Juniors will lose their driving privileges for two weeks from the date of their notification. Seniors will lose their senior privileges such as driving, early dismissal, and senior study hall for a full two weeks.	Students will have a plan for extra help sessions. Students will turn in weekly progress sheets to admin and coaches. Coaches will be notified through the Athletic Department, Club Advisors will be notified through JDHS Administration.

Two	Students may practice with his or her team, or attend regular club meetings but will not participate in games or performances until they are passing.	Students will continue to attend extra help sessions until they have a passing grade. Students will continue to complete weekly progress reports to admin and coaches each week.	Students will continue to complete weekly progress reports to admin and coaches each week. Continuation of student plan for extra help, and continued communication with students' families.

Appeals

Appeals must be submitted in writing to the JD High School Principal within three days of the student being notified.

MIDDLE SCHOOL EXTRACURRICULAR ELIGIBILITY POLICY

Students are expected to maintain passing grades and abide by the middle school code of conduct. Middle school students who fall below acceptable standards will be notified by the principal and/or their counselor. Parents will also be notified by school personnel. Students will be given a reasonable amount of time to show improvement. An individualized plan to remediate the situation will be developed by the teacher(s), counselor and coach (or club advisor.) If any of the above feel the student is not making an effort to improve, the student may be suspended from participation until it is determined that adequate progress has been made.
In addition, club advisors and coaches may monitor student progress and limit participation opportunities accordingly.

SECTION 4: THINGS TO KNOW

HOW TO REGISTER AND SPORTS PHYSICAL REQUIREMENTS:

Prior to the first practice session all athletes must:

1. Physical: Have a current sport physical on file with the health office. This must be completed using the NYS REQUIRED Physical Form
    - Sports physicals can be completed by:
        - School medical director. Contact the health office to get more information or to schedule.
        - Athlete's personal physician.
    - A current physical means within the past calendar year from the first day of the month in which practice begins for that sport season.
    - Additional Information on NYS Physicals and Health History Guidelines:
2. Register:
    - Sign up prior to the start date on Arbiter Registration (formerly FamilyID)
3. Be Approved:
    - Once registered on Arbiter Registration, student athletes must be approved by the School Nurse before a student is allowed to practice or participate in a scrimmage and / or game.
        - All physical must include the required information and be approved by the school health office
        - If an athlete has self-carry orders for an inhaler, the athlete must have a current prescription inhaler at practices/games.

NOTE: All athletes who are seen by a doctor for an injury or illness must be released (signed statement) by that doctor and approved by our athletic trainer in order to begin or resume participation on a team. This carries over from one season to the next and from one school year to the next. The doctor's release must be filed with our school nurse.

ATHLETIC AWARD SYSTEM

Athletes must finish the season in good standing to be eligible for an award. Any student having outstanding debts for equipment (lost or stolen) will not receive an award until all debts are paid. Athletes unable to complete a season due to injury, illness or other such circumstances may earn an award if the coach feels it is justified.

A. CERTIFICATE: awarded to all athletes who finish the season in good standing.
    a. Freshman Certificate
    b. Junior Varsity Certificate
    c. Varsity Letter Certificate
B. VARSITY LETTER: issued following the successful completion of an athletes first varsity sport. An athlete receives one letter per career.
C. VARSITY PIN: awarded for each season in a varsity sport.
D. CAPTAIN PIN: awarded to the captain(s) of the team captains
E. MANAGER PIN: awarded to the manager(s)

BOOSTER CLUB (linked to homepage)

Membership in the J-D All Sports Booster Club supports our High School and Middle School student athletes. All members are encouraged and welcome to attend the J-D Booster Club meetings generally held on the first Wednesday of each month at 7:30pm in the High School Library Media Center. We hope you will join us in the SPIRIT of positive athletic programming by becoming a member or by renewing your enrollment.
The purpose of the club is

- To develop student and community interest in all J-D interscholastic sports activities.
- Promote an outstanding interscholastic athletic program.

- To create, develop and fund ideas, projects and other assistance to further the athletic program and improve the athletic facilities at the J-D School District.
- To strongly support the concept that interscholastic athletics are essential and vitally important components of any integrated “total” educational program.
- Organized and operated exclusively for charitable and educational purposes related to the J-D School District athletic program.
- Cultivate an atmosphere of sportsmanship and hospitality for J-D athletic competitions.
- To raise money that is used to support athletic endeavors, acknowledge accomplishments and improve facilities

FINANCIAL EXPECTATIONS

Every athletic team has unique equipment and competition needs. Listed below are the responsibilities of the district, athletes, and spectators. Please note that many athletes elect to purchase required equipment but this is not mandatory.

- The school district provides:
    - Competition uniforms for all athletes, with the exception of swimming.
    - **Uniforms:** At Jamesville-Dewitt, all students are required to wear school-purchased uniforms for practices and games. Purchasing personal uniforms, even if they match, is strictly prohibited. Athletes not adhering to this policy will be required to change into a school-issued uniform and may face consequences such as not participating in games or being removed from the team. Compliance is essential to maintain team unity and discipline.
    - Equipment required for competition such as bats, gloves, sticks
    - Protective equipment such as helmet, pads, matting.
    - ***Helmets:*** At all levels, JD boys players and girls lacrosse goalies are required to wear school-issued helmets during games and practices. The use of outside helmets is strictly prohibited at all times. This policy ensures uniformity and safety for all participants. Compliance is mandatory for all players and goalies.
    - Transportation to and from away competitions and off-site practices
- The athlete is responsible for providing their own:
    - Footwear
    - Food or money for food
    - Transportation to and from in-district practices / games
- Spectators are responsible for entry fees when charged
    - host school / facility can set fees for entry
    - most sectional championships require online ticket purchase HOMETOWN TICKETS
- OPTIONAL but not mandatory
    - Team dinners - hosting or attending, in or out of season
    - End of season coaches gift contribution
        - **Board of Education Policy 6110:** *No person may directly or indirectly solicit, accept, or receive any gift having a value of $75 or more under circumstances in which it could reasonably be inferred that the gift was intended or expected to influence the individual in the performance of his or her official duties or was intended as a reward for any official action on the part of the individual. This prohibition applies to any gift, including money, services, loan, travel, entertainment, hospitality, thing or promise, or any other form.*

NOTE: **If you have a financial hardship, assistance is available for purchase of items not provided by the school. Please contact the athletic office to inquire about financial assistance if needed.**

INHERENT RISK IN SPORTS

Participation in sports involves a certain degree of risk for injury. Before going out for a team, we want you to be aware of the risk so you will be better able to reduce your chances for injury. Pre-season conditioning,

learning the skills and techniques, and knowledge of rules and safety factors will help you have a healthy season.

INJURY MANAGEMENT

Athletes: Report any injury to your coach immediately. If needed and available, see the athletic trainer that day. If the trainer is not available, see the trainer the next school day unless the injury requires immediate attention.

> ***NOTE:*** Athlete must have a written pass to see the athletic trainer during the high school activity period (2:15 - 3:00pm). Passes can be obtained from the Athletic Office.

Clearance from Injury

If an athlete is seen:

- By a medical doctor at an emergency room / facility, orthopedist, primary care physician, or any other medical doctor - release note must be submitted in writing by a medical doctor
- By the trainer - clearance note submitted by the athletic trainer

> ***NOTE:*** the athletic trainer can clear an athlete if the release note indicates in writing "cleared when trainer approved" and is signed by the medical doctor

Athletic Trainer Services

Jamesville-DeWitt High School subscribes to the services of a certified athletic trainer. The trainer is on duty on a regular schedule in the High School training room. Any student may use the trainer, free of charge, to assess any injury. The trainer will recommend a course of action best suitable for the injury.

Parents: Medical expenses resulting from any injury should be submitted to your own insurance carrier. If there is any remaining balance, this can be submitted to the school accident insurance carrier.

> ***NOTE:*** The school accident insurance provides only excess coverage according to a fee schedule.
>
> ***Pupil Benefits Insurance Plan***
>
> 1. Established and sponsored by the NEW YORK STATE PUBLIC HIGH SCHOOL ATHLETIC ASSOCIATION and functioning under the supervision of the NEW YORK STATE INSURANCE DEPARTMENT.
> 2. Pupil shall report injury to the coach at the time injury is sustained, and to the athletic trainer on the next school day. To be eligible for a claim, a report of injury shall be made within 30 DAYS, and the first medical treatment must be provided within 45 days from the date of injury.
> 3. Payments under this policy are ONLY in EXCESS of those benefits payable under your family and/or employer policy(s). Payments are made according to a schedule and sometimes do not cover all charges. The claim is to be first filed with your personal insurance carrier(s). After final settlement, obtain a claim form from the Athletic Office and submit the completed form to Pupil Benefits Plan, Inc. along with your ITEMIZED BILLS and EXPLANATION OF BENEFITS from your primary insurance carrier.
> 4. Additional information regarding this plan is available in the Athletic Office. You must contact the Athletic Office to initiate a claim.

CONCUSSION PROTOCOL and MANAGEMENT (linked to district's full policy)

Concussion Management and Awareness Act

The Board of Education recognizes that concussions and head injuries are the most commonly reported injuries in children and adolescents who participate in sports and recreational activities. The physical and mental well-being of our students is a primary concern. Therefore, the Jamesville-DeWitt School District adopts the following policy to support the proper evaluation and management of concussion injuries.

A concussion is a mild traumatic brain injury (MTBI). A concussion occurs when normal brain functioning is disrupted by a blow or jolt to the head or body that causes the head and brain to move rapidly back and forth. Recovery from concussion and its symptoms will vary. Avoiding re-injury and over-exertion until fully recovered

are the cornerstones of proper concussion management. Concussions can impact a student's academics as well as their athletic pursuits.

CONCUSSION IDENTIFICATION, RETURN TO PLAY, AND MANAGEMENT

Identification of Concussion and Removal from Athletic Activities:
The District requires the immediate removal from all athletic activities of any student who has sustained, or is believed to have sustained, a MTBI or concussion. Any student demonstrating signs, symptoms, or behaviors consistent with a concussion while participating in a class, extracurricular activity, or interscholastic athletic activity will be removed from the class, game, or activity and must be evaluated as soon as possible by an appropriate health care professional. This removal must occur based on display of symptoms regardless of whether the injury occurred inside or outside of school. If there is any doubt as to whether the student has sustained a concussion, it will be presumed that the student has been injured until proven otherwise. The District will notify the student's parents and recommend appropriate evaluation and monitoring.

The District may, in collaboration with their Medical Director, allow District staff who are appropriately licensed or certified healthcare professionals and credentialed to use validated neurocognitive computerized testing to review and obtain baseline and post-concussion performance data. These tools are not a replacement for a medical evaluation to diagnose a concussion or clear a student to return to activities. The District must seek authorization from the parent prior to the testing. Additionally, parents should be given a copy of the results.

The District shall follow any directives issued by the student's treating physician with regard to limitations and restrictions on school and athletic activities for the student. The District's Medical Director may also formulate a standard protocol for treatment of students with concussions during the school day.

The standards for return to athletic activity will also apply to injuries that occur outside of school. School staff should be aware that students may exhibit concussion symptoms caused by injuries from outside activities and that these visible symptoms also indicate a removal from play.

Return to School Activities and Athletics:
If a student has been evaluated by a doctor or the athletic trainer for a potential concussion, the result or the evaluation will be as follows:

<table>
<tr><th colspan="2">RESULT OF CONCUSSION EVALUATION</th></tr>
<tr><td>YES - follow each of the guidelines below, in sequence.</td><td>NO</td></tr>
<tr><td>The student / athlete cannot return to physical activity (including athletics, physical education class and recess) until he/she has been symptom-free for not less than twenty-four (24) hours</td><td rowspan="4">May return to play / athletics</td></tr>
<tr><td>Must be evaluated and receive written authorization from a licensed physician to begin the return to play protocol (RTP)</td></tr>
<tr><td>Complete RTP Protocol under supervision of Athletic Trainer or School Nurse
● Complete the required exercise that will increase in intensity each day.
○ Athlete must be symptom free in order to move on to the next step
○ Athlete must wait 24 hrs. between each step of the RTP Protocol</td></tr>
<tr><td>School sends concussion RTP paperwork to the district Medical Director who, In accordance with Commissioner's Regulations, will give final clearance on a return to activity for extra-class athletics. All such authorizations shall be kept on file in the student's permanent health record.</td></tr>
</table>

Post-Concussion Management:

Private medical provider's orders for avoidance of cognitive and physical activity and graduated return to activity should be followed and monitored both at home and at school.

In accordance with NYSED guidelines, this Policy shall be reviewed periodically and updated as necessary in accordance with New York State Education Department guidelines. The Superintendent, in consultation with the District's Medical Director and other appropriate staff, may develop regulations and protocols for strategies to prevent concussions, the identification of concussions, and procedures for removal from and return to activities or academics.

ISSUANCE OF SCHOOL CLOTHING AND EQUIPMENT

It is the responsibility of each athlete to return all of their school-issued clothing and equipment to the coach at the end of the season. At the end of each season, each coach will provide a list of outstanding items to the Director of Athletics. Failure to return all school equipment / uniform items will result in the athlete being placed on the ***STOP LIST.*** The athlete will remain on the STOP LIST until their items are returned OR replacement **fee of $50.00 per item.**

NOTE: If the fee presents a financial hardship for the family they can contact the athletic office for support.

PARENT MEETING:

Attendance for this meeting is mandatory and is essential for both coaches and families at the beginning of each season. This meeting provides an opportunity for parents to meet the coaching staff and gain crucial information that contributes to the success of the team. Key topics will include team rules, practice times, and game schedules. Additionally, we will discuss the importance of Parent Square reminders and the implications of missing practices. This meeting serves as a foundation for effective communication and collaboration

PARENT SQUARE:

ParentSquare is a unified communication platform used for both district and athletic department communications. ParentSquare is the district approved method for electronic communication between coaches, parents and athletes. All in season communication directly related to district athletic events should occur via ParentSquare.

SECTION 5: GENERAL POLICIES

ADORNMENTS and JEWELRY RULE

NYSPHSAA will abide by the national governing body jewelry rule (i.e., NFHS, NCAA, USA Softball, USTA, USAG, etc.) followed by NYSPHSAA. (July 2022) Hair adornments, including beads, may be worn provided they are secured and do not present a safety hazard to the player, teammates, or opponent(s). (May 2022) Head coverings worn for religious reasons are permitted and shall not be made of abrasive or hard material and must fit securely. (September 2022)

General Rule:

The NFHS has generally moved towards allowing jewelry in high school sports, aligning with NCAA rules in some cases.

Exceptions:

- **Location:** Jewelry is generally permitted above the chin, but not below the chin.
- **Type:** Small, secured stud or post jewelry is allowed, but string bracelets, commemorative bracelets, and other body jewelry are prohibited.
- **Taping:** Taping over jewelry is not permitted, except for religious and medical-alert medals.

Sports-Specific Notes:

- **Volleyball:** The NFHS volleyball rules align with NCAA rules on jewelry, allowing small secured studs or posts above the chin.
- **Baseball and Softball:** The NFHS removed the prohibition of jewelry in baseball and softball starting in 2023, but any jewelry that poses a risk of injury should still be removed.
- **Spirit Sports (Cheer and Dance):** The NFHS Spirit Rules Committee approved a definition of jewelry as "any personal adornment worn on the body".

BRANDING / SPONSORSHIP

All branding materials utilized on Jamesville-DeWitt sports uniforms, banners, swag gear, and merchandise must align with the district-approved branding established in 2025. It is imperative that all team stores and team gear adhere to these updated branding guidelines to maintain a cohesive and professional image for our athletic programs. Please ensure that all designs, logos, and promotional materials reflect this approved branding. Compliance with these guidelines will not only enhance our district's identity but also foster a sense of unity and pride within our teams. Should you have any questions or require further clarification, please contact the Athletic office. Thank you for your cooperation in upholding our district's branding standards.

COLLEGE PRACTICE PARTICIPATION **(High school players participating in practice or games)**

A student cannot represent the school in that sport in that season if the student participates in practice or competition with or against any individual or team(s) representing a college that season.

Prior to competition, the NYSPHSAA Executive Director may grant an exemption of the College Rule for an individual sport athlete when vying for a standard that would qualify them for the Olympic trials and/or Olympic Games when this opportunity is not offered through the New York State Public High School Athletic Association and/or the National Federation of State High School Associations. The exemption would permit a student to participate as an "unattached" individual with no affiliation to their school team in a competition against open and college competitors in an approved competition set forth by the Olympic Committee without

DRONE POLICY

Approved May 5, 2017 (Executive Committee) The New York State Public High School Athletic Association prohibits the use or possession of unmanned aircraft or aerial systems (UAS), also known as drones, for any purpose by any person or entity at all scrimmages, regular season and postseason events. This prohibition applies to the area above and upon all spectator areas, fields of play, courts, arenas, stadiums, mats,

gymnasiums, pools, practice facilities, parking areas and or other property being utilized for the purpose of the interscholastic activity.

If there is a report of UAS activity at an athletic event school, Section and/or State Association officials will, in consultation with the sports officials, suspend the play until such time as the UAS is removed from the area as defined above or the school, Section/ State and sports officials determine it is safe to proceed. For purposes of this policy, a UAS is any unmanned airborne device or aircraft. The NYSPHSAA, Section and/or Member School reserves the right to refuse admission to anyone operating or attempting to operate a UAS or to request the immediate removal of any person using or attempting to use a UAS in violation of this policy. The NYSPHSAA Executive Director has the authority to grant an exception to this policy to public safety agencies, NYSPHSAA media partners, or other entities or individuals; the use of drones by law enforcement agencies does not require approval from the NYSPHSAA Executive Director. (May 2024)

Any request for an exception to the policy must be submitted to the Executive Director at least a week prior to the event. The exception is limited to the specific event requested and requires the consent of the host venue. Any use granted under this provision must comply with the applicable FAA regulations as well as any and all requirements set forth by NYSPHSAA. News media must have the necessary FAA authorization. Any individuals granted an exception would be required to sign a document acknowledging and agreeing to the terms of use and agreeing to hold the NYS

FUNDRAISING

Board of Education Policy 3271: SOLICITATION OF CHARITABLE DONATIONS

Students

Direct solicitation of charitable donations from District students on school property during regular school hours is prohibited. It is a violation of District policy to ask District students directly to contribute money or goods for the benefit of a charity during the hours in which they are compelled to be on school grounds. However, this policy does not prevent the following types of fundraising activities:

A. Fundraising activities which take place off school grounds or outside of regular school hours during before-school or after-school extracurricular periods;
B. Arms-length transactions, where the purchaser receives consideration for his or her donation. For example, the sale of goods or tickets for concerts or social events, where the proceeds go to charity;
C. Indirect forms of charitable solicitation on school grounds that do not involve coercion, such as placing a bin or collection box in a hallway or other common area for the donation of food, clothing, other goods, or money.

The Superintendent will ultimately decide which organizations, groups, etc. can solicit charitable donations and for what purposes, as long as the activities comply with the terms of this policy and the Rules of the Board of Regents.

Personnel

Soliciting of funds from school personnel by persons or organizations representing public or private organizations is prohibited. The Superintendent has the authority to make exceptions to this policy in cases where solicitation is considered to be in the District's best interest. The Board will be notified of these instances.

Distribution of information about worthwhile area charities may be made through the Office of the Superintendent as a service to District personnel.

The Jamesville-DeWitt fundraising efforts are primarily conducted by external entities and are not affiliated with the JD school district. The JD All Sports Booster Club, Running Rams and others have received approval to conduct fundraising activities independently, under the 403C classification. This arrangement allows for a separate operational structure while supporting the district's athletic programs.

HAZING POLICY

(from JDHS Code of Conduct 24-25, p 6-7)

The Dignity for All Students Act

New York State's Dignity for All Students Act (the Dignity Act or DASA) took effect on July 1, 2012. Just as does the district's Code of Conduct, the law seeks to provide the State's public elementary and secondary school students with a safe and supportive environment free from discrimination, intimidation, taunting, harassment, and bullying (including cyberbullying) on school property, school buses, and/or at school functions, as well as foster civility in public schools. Consistent with the Dignity Act, the District prohibits acts of bullying, discrimination, and harassment against students by students and/or school employees on school property based on a student's actual or perceived race (including traits associated with race such as hair texture and protected hairstyles), color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender (including gender identity or expression), or sex. The Amendments of 2013 afford protections under DASA to include all forms of harassment of any kind.

In 2019, DASA was amended by the Crown Act to add the definition of race that included traits such as hair texture and protective hairstyles such as locs, braids, and twists in order to protect students' access to their public education regardless of how they choose to wear/style their hair. More information on the Crown Act is available from the New York State Department of Education.

Prevention is the cornerstone of the District's effort to address bullying and harassment. To implement this anti-bullying prevention program, the Board will designate, at its annual organization meeting, individuals at each school to act as the Dignity for All Students Act Coordinators (Dignity Act Coordinator). These individuals shall be thoroughly trained to handle human relations in the areas of race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender, sex, or any other legally protected status.

LEAVING A TEAM POLICY

This policy underscores the importance of commitment and accountability for our athletes in our athletic programs. We strongly encourage all student-athletes to honor their commitment to the team after making the decision to join or tryout. Maintaining team cohesion and integrity is vital for fostering a positive athletic environment.

Student athletes who participate on a team for:

- Gymnastics, golf, tennis - 2 weeks or more
- Everything else - 4 weeks

Consequence:

- *Modified / Freshman*: athletes may leave a squad at any time if in good standing
- *JV*: one game suspension
- *Varsity*:
    - Athletes who communicate and follow the process below but do not have hardship / mitigating circumstances as determined by the panel:/ AD and (2) coaches:
        - 10 or less games, one game suspension
        - 10 or more games, two game suspension
    - **Athletes who leave the team but do not complete the process below**: **(Stop List)**
        - 10 or less games, two game suspension
        - 10 or more games,four game suspension

Communication and Quit Form

Step One: Athlete speaks with their coach(es) prior to considering quitting a team. This conversation will include discussion on why the athlete is leaving with the intent to help the coach and athlete

address issues that may be contributing to the athlete's need to quit. Unavoidable or mitigating circumstances will be considered when enacting a consequence.

Step Two: Parent, athlete coach fill out **Quit Form** to indicate that step one has been completed.

Step Three: Quit Form paperwork is turned in to the athletic department.

PRACTICE POLICY

(Bullet points 1, 2 from NYSPHSAA handbook pages 41/42, chart from handbook page 54)

Athletes must meet all Standards of Eligibility to participate in practice.

School Day Practice Start Time: 3:10 Latest any team can practice is 9:00 PM. Earliest start time: 8am.

Practice Definition:

An organized practice in grades 7-12 is a session for the purpose of providing instruction and practice in physical conditioning activities, skills, team play, and game strategy designed expressly for that sport under the supervision of a qualified coach appointed by the Board of Education of the local school district. Such instruction and practice shall be held only during the season designated for that sport.

In-Season Practices:

No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, physical and/or instructional activities related to the sport on seven consecutive days are prohibited.

NOTE: Any contests leading up to Sectional play is considered "regular season."

Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day's contest. All required practice sessions shall be organized and planned for a reasonable length of time and shall include vigorous activity specific to the sport for the purpose of improving the physical condition of the players. Warm-ups prior to a game/ contest are not considered "practice." Each of the required number of practices for an individual must include vigorous activity.

NOTE: Practice is considered an integral part of the interschool program in that sport. An individual must be eligible according to age and all other Eligibility Standards to participate in practices or competitions with the high school squad in that sport.

Minimum Practice Requirements

VARSITY SPORTS	# of practices required to represent their school	Team and individual max number of contests*	Min time between contests or scrimmages	Individual contest limitations per day	Scrimmage limitations per day
Baseball	10+++	20	1 night	2 contests	2
Basketball	6	20	1 night	1 contest	1
Competitive Cheerleading	6	12	1 night	1 competition	1
Cross Country	6	16	2 night	5000m / 3.1 miles	1
Football	10	10	4 nights (1)	1 contest	1
Golf	Training	16	1 night	1 match	1
Gymnastics	15	16	1 night	4 events, 1 contest	1
Ice Hockey	6	20	1 night	1 contest	1
Lacrosse	6	16	1 night	1 contest	1
Soccer	6	16	1 night	1 contest	1
Softball	6	20	1 night	2 contest	2
Swimming & Diving	6	16+	1 night	4 events, 1 contest	1
Tennis	6	16	1 night	2 matches++	1
Outdoor Track	6	16+	1 night	4 events, 1 contest	1
Winter Track	6	16+	1 night	3 events, 1 contest	1

Volleyball	6	20	1 night	2 matches / day	1
Wrestling	10	20 points+	1 night	4 bouts, 5 bouts only if tournament	1
(1)	2 nights between scrimmages				
*	indicates maximum plus section, state championships and games necessary to break divisional or league ties				
+	Indicates maximum number of contests in which an individual competitor may participate, **including section, state championships**				
++	Modified scoring must be used				
+++	Teams may conduct a scrimmage after the 6th practice day. Pitchers are limited to 30 pitches during scrimmages that occur on practice days that occur on days 7-10. Pitchers that throw 1-30 pitches during this time period must have 2 nights rest.				

NOTE: Excessive missed practice with no notification may result in removal from a team.

Carryover Practices

Athletes who switch from one sport to another sport are permitted to count conditioning practices toward their new sport as follows (excluding golf):

1. Sports with six (6) practices for the individual before the first contest/ scrimmage will be allowed to carry over three (3) days.
2. Sports with ten(10) practices for the individual before the first contest/ scrimmage will be allowed to carry over four (4) days.

NOTE: Athletes whose seasons are lengthened due to participation in NYSPHSAA Regional and Championship contests are allowed to count conditioning practices towards their new sports as follows: 1) Sports with six (6) practices for the individual before the first contest/ scrimmage will be allowed to carryover three (3) days; 2) Sports with ten (10) practices for the individual before the first contest/ scrimmage will be allowed to carryover four (4) days.

Practice Displacement:

Teams or individuals, with permission from the Superintendent, principal, and AD can practice during the school day if traveling and are displaced for a practice opportunity prior to a States/Regional or Section III final

Vacation / Saturday practices / contests:

As a member of the (OHSL) and Section 3, JD adheres to the policy of scheduling contests on weekends and vacations. When an athlete commits to a varsity or JV sport, they and their families should assume that practices and/or contests will take place over school breaks/vacations and on Saturdays.

Athletes who go away and miss practice and/or contests during breaks/vacations and / or on Saturdays should notify their coach and do so as early in the season as possible. Athletes who miss practice / games during breaks/vacations or Saturdays should expect some consequence. This may include:

- Making a team
- Playing Time
    - Miss the next scheduled game/contest after returning to the team
- Standing on the team
    - Being awarded captain or team leader
    - Removal from the team
- Receiving athletic award(s)

Holiday Practice / Contests - NEW

District policy prohibits scheduling of practices and games on federal and certain religious holidays. Appeals for exception must be requested in writing and addressed to the Athletic Director and must be signed off by the Superintendent.

Observed Holidays:

- Independence Day
- Labor Day
- Rosh Hashanah
- Yom Kippur
- Columbus Day
- Veteran's Day
- Thanksgiving
- Christmas
- New Years Day
- Martin Luther King Day
- President's Day
- Lunar New Year
- Good Friday
- Memorial Day
- Eid al-Adha
- Juneteenth
- Eid al-Fitr

Sunday Practice:

The Board of Education & JD policy prohibits practice on Sundays within school buildings or on outside fields, with exceptions for playoff games, sectional championships, regionals, or NYS Championships. Requests for additional practices due to quick turnaround games with rival or league implications must be submitted via email to the Director of Athletics at least one week in advance. This allows sufficient time for the Superintendent's approval and custodian arrangements. It is important to note that a custodian must be present if any JD students are on site.

Captain's Practices -

Captains' practices, defined as sessions conducted without the presence of approved JD coaching staff, are permitted exclusively during the off-season of a sports team. Participation in these practices cannot be mandatory and must adhere to the guidelines outlined in Section 3. It is essential that all involved understand these regulations to ensure compliance and maintain the integrity of the program.

1. Athletes are not supposed to practice more than 6 days in a row
2. Practice doesn't violate off season practice rules (see below)

Off Season / Out of Season Practice: (NYSPHSAA handbook pg. 42)

School sponsored activities conducted out of the sport season such as general conditioning, weight training, weight lifting, intramurals, recreation, open gyms, club activities and camps are permitted:

1. if such programs are not mandated by coaches or school personnel;
2. if such programs are available to all students.

Non-school sponsored activities are permitted if such programs are not mandated by coaches or school personnel. Please note the following:

- any outside sports program must complete a request through the ML schedule approval process and receive approval. Note: Approval is based on the facilities regulations and guidelines outlined in the district code.
- No practices or events will be scheduled on federal or religious holidays (see list above)

Moving Players Up Policy: (End of the Season)

At Jamesville Dewitt, the process of moving student-athletes from junior varsity teams to varsity is a significant honor that recognizes their dedication, sportsmanship, and exceptional performance. To be eligible for this transition, athletes must officially join the varsity team, complete with a uniform, roster spot, and assigned jersey number, as JD does not accommodate practice players. This initiative aims to reward hard work and foster a positive team environment. Coaches are encouraged to identify and promote deserving athletes who exemplify these qualities. Those who successfully move up will also receive any earned medals and accolades from NYS and Sectional competitions. We believe this recognition contributes to both individual

growth and team success. Additionally, players promoted to the Varsity team at the end of the season will remain on the Varsity roster for the following year, with no option to revert to Junior Varsity. The only exceptions to this policy will apply to Pitchers and Goalies, due to low player numbers or emergency situations in the playoffs.

SPECIALIZATION POLICY

It is the philosophy of the Jamesville-DeWitt athletic program to encourage student participation in a number of sports, co-curricular activities, and clubs. Student specialization in one sport year round goes against the District philosophy of developing well-rounded individuals. Multi-sport athletes are given preference in the selection process for all school awards.

SUBSTANCE USE AND POSSESSION POLICY and PENALTY

Students may not possess, consume (or “taste”), sell, distribute or exchange alcoholic beverages, alcohol-infused energy drinks, herbal incenses such as Spike Max and other brands or similar products, bath salts, illegal substances (i.e. inhalants, marijuana and hashish, cocaine, LSD, PCP, heroin, amphetamines, steroids, and look-alike drugs or any substance referred to as a “designer” drug, etc.), and drug paraphernalia (which includes but is not limited to rolling papers, pipes of any sort, hypodermic needles, and any other container or item that can be used to deliver, carry, or ingest illegal substances, herbal incense, or alcohol) during the school day, prior to a school-sponsored event, at a school-sponsored event or on school grounds at any time. Students may not be under the influence of any of the above-mentioned alcoholic beverages, herbal incenses, alcohol-infused energy drinks, or illegal substances during the school day, at a school-sponsored event or on school grounds at any time.

Students who violate the above regulation will be subject to the following:

1. Immediate parental notification and removal from the school or school activity.
2. Suspension out of school for five (5) days.
3. Superintendent's hearing as appropriate.
4. Notification of law enforcement agency as appropriate

Upon return from out-of-school suspension, students will be required to meet with the school’s student assistance counselor. The counselor will make a recommendation regarding subsequent meetings.

At Jamesville-DeWitt, we are committed to fostering a safe and supportive environment for our student athletes. To uphold a high standard of conduct and ensure the integrity of our athletic programs, the following substance use and possession policy is in effect:

1. **Prohibited Substances**: Student athletes are strictly prohibited from using or possessing illegal substances during school hours, at school events, or during athletic competitions, including games, matches, and contests.
2. **Consequences for Violation**: Any student athlete found in violation of this policy will face immediate termination of their participation on a school team for the duration of the current season. Additional consequences, in accordance with the school’s code of conduct, will also be applied.
3. **Mandatory Counseling**: Athletes who violate this policy are required to complete a counseling session with the Student Assistance Counselor (SAC) before regaining eligibility to participate in any subsequent sports season.
4. **Repeated Violations**: A student athlete who violates this policy on two occasions within the same school year will be suspended from all sports for a period of two consecutive sports seasons following the season in which the second violation occurred.

We believe that adherence to this policy is essential for maintaining the health, safety, and integrity of our athletic programs. We appreciate the cooperation of all student athletes and their families in promoting a culture of responsibility and respect within our school community.

Student Self Reporting
Students who confidently approach a coach or school official for help with a substance use problem will be given appropriate confidential help. If there has been no public incident or violation, there will be NO athletic suspension as long as it can be determined that participation is not a health risk to the individual or a safety risk to teammates and/or opposing athletes

SOCIAL MEDIA POLICY -

The Jamesville Dewitt athletic program emphasizes the importance of positive sportsmanship, particularly in the realm of social media. Athletes are accountable for all posts that may reflect poor sportsmanship, including but not limited to inappropriate texts, social media posts, taunting, bullying, and negative comments on any platform. Student athletes are expected to uphold a standard of respect and integrity at all times.

Violations of this policy may result in consequences, including but not limited to game suspension, a written apology, or removal from the team. Furthermore, additional repercussions may apply if the infractions are deemed to violate the Code of Conduct. It is imperative that all athletes recognize the impact of their online behavior.

The Jamesville-Dewitt Athletics Department does not maintain any official social media accounts affiliated with the school's athletic teams. Any social media presence related to the teams is the result of efforts by outside entities. For all official communications, JD relies solely on Parent Square. This streamlined approach ensures consistent and accurate information reaches our community.

SUSPENSIONS: OSS & ISS INFRACTIONS POLICY (linked to district code of conduct "Suspensions")

Athletes are expected to follow their building code of conduct. Infractions that result in suspension will be handled as follows:

- Suspended students may not attend classes or activities or enter upon any school property for the duration of the suspension.
- Suspended students may not attend any off-campus activities involving teams or organizations under the auspices of the school district (athletic contests, musical performances and the like) from the time the suspension is assessed until the next regularly scheduled school day, including any such activities held on weekend days. Violators will be subject to the penalties associated with trespassing.
- When a suspension is assessed at the conclusion of a school week, the suspension period shall commence on the next regularly scheduled school day. Weekend extracurricular activities are subject to the restrictions of the suspension period, but do not count as a part of the total number of days in the suspension.

In-school suspensions follow the same restrictions and may not attend extracurricular activities for the duration of the suspension.

TRANSPORTATION POLICIES

Self Transportation to / from competitions
NYSED guidelines for athletics transportation require districts to provide transportation for students to and from school, including athletic events, by school authorized vehicles only. Jamesville-Dewitt doesn't provide transportation to in-district school sporting contests. This includes: CBA, MPH

If allowed by the coach or program, an athlete can be signed out with a district transportation waiver at the contest. Only the parent or legal guardian may sign out an athlete. Athletes cannot be signed out by siblings, grandparents, or friends. Notes to ride home with individuals other than legal guardians cannot be accepted by the coach.

In the event of a conflict and alternate transportation may be needed, the Building Principal or Director of Athletics may authorize transportation exceptions. Requests should be made using the Transportation Waiver

Form and should be submitted for approval from the Athletic Office or Principal. Email the Transportation form to the Athletic Office.

List of approved reasons:

1. Legal Appointments
2. Funeral
3. Academic or school sponsored/related (Field trip, BOCES, National Honor Society, academic exam of any type, concert/performance, etc).
4. Doctor & Dentist appointment.
5. Religious Events
6. Emergency*
7. College Visit

State Championship Transportation

The Board of Education transportation policy for student athletes participating in NYSPHSAA Championship events aims to ensure that our athletes receive the support and resources they need while representing Jamesville DeWitt. We believe this policy will enhance the experience for our athletes and provide them with the necessary support during their championship pursuits.

Team Sports: teams will travel via coach for trips that are two hours or longer. This facilitates comfort and focus in the travel experience.

Individual Sports: individuals will travel via the Section III coach bus service. In circumstances where a coach bus isn't available for individual athletes, the district will arrange transportation using a district vehicle like the JDTahoe or JD Suburban, accompanied by a coach driver.

TRYOUTS POLICY -

The fair and transparent tryout process will be standardized for all teams. The process outlined aims to foster a supportive environment and promote the development of all student athletes, regardless of whether they make the team. Each athlete will be allowed a three-day tryout, regardless of their level or start date up to one week of the start date unless approved by the Athletic Director. .

Upon the completion of tryouts, coaches are required to individually communicate with each athlete who had a try out and provide constructive feedback.

Feedback will:

- highlight a minimum of two positive attributes
- identify at least one specific areas of improvement

WEATHER POLICIES - NYSPHSAA -

NYSPHSAA THUNDER and LIGHTNING POLICY: This regulation governs interscholastic sports games and practices from the beginning of the Regular Season through NYSPHSAA Finals.

1. Thunder and lightning necessitates that all outdoor athletic activities and contests be suspended. The occurrence of thunder and/or lightning is not subject to interpretation or discussion - thunder is thunder, lightning is lightning. a. With your site administrator, set up a plan for shelter prior to the start of any contest.
2. When thunder is heard and/or when lightning is seen, the following procedures should be adhered to:
    a. Suspend play and direct participants to go to shelter, a building normally occupied by the public or if a building is unavailable, 8 participants should go inside a vehicle with a solid metal top (e.g. bus, van, car).
    b. Do not permit people to stand under or near a tree; and have all stay away from poles, antennas, towers and underground watering systems.
    c. After thunder and/or lightning have left the area, wait 30 minutes after the last boom is heard or strike is seen before resuming play or competition.

NYSPHSAA TORNADO POLICY

Definitions:
Tornado Watch: indicates tornados are possible. Event staff must continue to monitor the situation.
Tornado Warning: Tornado sighted, tornado siren sounds signaling tornado sighted or tornado indicated by radar

TORNADO GUIDELINES/PROCEDURES

1. If a tornado warning is initiated, immediate event delay shall be implemented, and all participants, spectators and athletic staff shall seek shelter immediately. Once inside a secure location, tune to local weather alert radio to be informed of the storm location, path and duration of tornado warning.
2. Warning may be extended, or a new warning issued at any time, so continue to monitor.
3. Safe shelter from tornadoes inside lowest building level, away from exterior walls/windows, with windows closed. All Clear-tornado warnings will expire after duration specified by the National Weather Service and the site director will notify all involved that the warning has ended, and the event may resume.

HEAT INDEX and WIND CHILL

Measurement:

1. Wet Bulb Globe Temperature (WBGT) is a measure of the heat stress in direct sunlight, which takes into account: temperature, humidity, wind speed, sun angle and cloud cover (solar radiation). This differs from the heat index, which takes into consideration temperature and humidity and is calculated for shady areas.
2. The RealFeel temperature, like the Heat Index, considers relative humidity a major factor in its final calculation — in addition to other weather influences, including cloud cover, sun intensity, and even the sun's angle. 9 NYSPHSAA has developed policies and procedures for dealing with excessive heat or cold at practice and games. Please see the NYSPHSAA website or handbook for the complete policy and procedures. Play may resume once the index returns to acceptable levels. Information is available at the following sites:

LINKS:
NYSPHSAA Heat Index Procedure
NYSPHSAA Wlnd Chill
Early Season Climate Acclimatization
Pre-Season heat-acclimatization guideline

SECTION 6: Forms and Links

LINKS:

- NYS Physicals and Health History Guidelines
- Section 3 website
- Section 3 tHometown tickets
- NYSPHSAA website
- HUDL
    - JD Page: live stream, highlights, videos
    - Hudl - Fan Sign In
- JD Athletics page
- Arbiter Sports
- Schedule Galaxy
- Parent Square sign up / sign in
- District Code of Conduct
- JD All-Sports Booster Club
    - JD Gear Store
    - Join / Donate
    - Volunteer

ADD LINKS:

- NYSPHSAA handbook
- Branding information

FORMS / DOCUMENTS

- DRAFT of Leaving a Team Form
- required physical Form
- HS athletic field maps

ADD FORMS

- Concussion eval Form
- Booster Club sign up ?
- Transportation Waiver (currently under review)

DRAFT
LEAVING A TEAM FORM

Athlete Name: _____ **Team:** _____

Coach: _____ **Year:** _____

Date of Meeting: _____

Attendees: _____

Reason for Considering Leaving / Quitting:

Outcome of Meeting

- ☐ Athlete leaving the Team
- ☐ Athlete remaining on the team, no concerns addressed
- ☐ Adjustments / Mediations needed (list in the space provided below)

Athlete Signature _____

Coach Signature _____

Parent Signature _____

AD Signature _____

REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM

TO BE COMPLETED BY PRIVATE HEALTHCARE PROVIDER OR SCHOOL MEDICAL DIRECTOR

Note: NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special Education (CPSE).

STUDENT INFORMATION

Name:	Affirmed Name (if applicable):	DOB:
Sex Assigned at Birth: ☐ Female ☐ Male	Gender Identity: ☐ Female ☐ Male ☐ Nonbinary ☐ X	
School:	Grade:	Exam Date:

HEALTH HISTORY

If yes to any diagnoses below, check all that apply and provide additional information.

☐ **Allergies**	Type: ☐ Medication/Treatment Order Attached ☐ Anaphylaxis Care Plan Attached
☐ **Asthma**	☐ Intermittent ☐ Persistent ☐ Other: ☐ Medication/Treatment Order Attached ☐ Asthma Care Plan Attached
☐ **Seizures**	Type: Date of last seizure: ☐ Medication/Treatment Order Attached ☐ Seizure Care Plan Attached
☐ **Diabetes**	Type: ☐ 1 ☐ 2 ☐ Medication/Treatment Order Attached ☐ Diabetes Medical Mgmt. Plan Attached

Risk Factors for Diabetes or Pre-Diabetes: *Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors:Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother, and/or pre-diabetes.*

BMI_____kg/m2

Percentile (Weight Status Category): ☐ < 5th ☐ 5th- 49th ☐ 50th- 84th ☐ 85th- 94th ☐ 95th- 98th ☐ 99th and >

Hyperlipidemia: ☐ Yes ☐ Not Done **Hypertension:** ☐ Yes ☐ Not Done

PHYSICAL EXAMINATION/ASSESSMENT

Height: **Weight:** **BP:** **Pulse:** **Respirations:**

Laboratory Testing	Positive	Negative	Date	Lead Level Required for PreK & K	Date
TB-PRN	☐	☐		☐ Test Done ☐ Lead Elevated ≥5 µg/dL	
Sickle Cell Screen-PRN	☐	☐			

☐ **System Review Within Normal Limits**

☐ **Abnormal Findings – List Other Pertinent Medical Concerns Below** (e.g., concussion, mental health, one functioning organ)

☐ HEENT	☐ Lymph nodes	☐ Abdomen	☐ Extremities	☐ Speech
☐ Dental	☐ Cardiovascular	☐ Back/Spine/Neck	☐ Skin	☐ Social Emotional
☐ Mental Health	☐ Lungs	☐ Genitourinary	☐ Neurological	☐ Musculoskeletal

☐ Assessment/Abnormalities Noted/Recommendations:	Diagnoses/Problems (list) ICD-10 Code*
☐ Additional Information Attached	*Required only for students with an IEP receiving Medicaid

Name:	Affirmed Name (if applicable):	DOB:

SCREENINGS

Vision & Hearing Screenings Required for PreK or K, 1, 3, 5, 7, & 11

Vision Screening	With Correction ☐Yes ☐ No	Right	Left	Referral	Not Done
Distance Acuity		20/	20/	☐ Yes	☐
Near Vision Acuity		20/	20/	☐ Yes	☐
Color Perception Screening	☐ Pass ☐ Fail				☐

Notes

Hearing Screening: Passing indicates student can hear 20dB at all frequencies: 500, 1000, 2000, 3000, 4000 Hz; for grades 7 & 11 also test at 6000 & 8000 Hz.				Not Done
Pure Tone Screening	Right ☐ Pass ☐ Fail	Left ☐ Pass ☐ Fail	Referral ☐ Yes	☐

Notes

Scoliosis Screening: Boys grade 9, Girls grades 5 & 7	Negative	Positive	Referral	Not Done
	☐	☐	☐ Yes	☐

FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS*/PLAYGROUND/WORK

☐ *Family cardiac history reviewed – required for Dominic Murray Sudden Cardiac Arrest Prevention Act

☐ **Student may participate in all activities without restrictions.**

If Restrictions Apply – Complete the information below

☐ **Student is restricted from participation in:**

- ☐ **Contact Sports:** Basketball, Competitive Cheerleading, Diving, Downhill Skiing, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, and Wrestling.
- ☐ **Limited Contact Sports:** Baseball, Fencing, Softball, and Volleyball.
- ☐ **Non-Contact Sports:** Archery, Badminton, Bowling, Cross-Country, Golf, Riflery, Swimming, Tennis, and Track & Field.
- ☐ **Other Restrictions:**

Developmental Stage for Athletic Placement Process ONLY required for students in Grades 7 & 8 who wish to play at the high school interscholastic sports level OR Grades 9-12 who wish to play at the modified interscholastic sports level.

Tanner Stage: ☐ I ☐ II ☐ III ☐ IV ☐ V

☐ **Other Accommodations*: Provide Details (e.g., brace, insulin pump, prosthetic, sports goggles, etc.):**

*Check with the athletic governing body if prior approval/form completion is required for use of the device at athletic competitions.

MEDICATIONS

☐ Order Form for medication(s) needed at school attached

COMMUNICABLE DISEASE	IMMUNIZATIONS
☐ Confirmed free of communicable disease during exam	☐ Record Attached ☐ Reported in NYSIIS

HEALTHCARE PROVIDER

Healthcare Provider Signature:	
Provider Name: *(please print)*	
Provider Address:	
Phone:	Fax:

Please Return This Form to Your Child's School Health Office When Completed.

JD HS ATHLETIC FIELD MAP

We hope the following map and legend will help families and community members navigate athletic games hosted at J-D High School. You can find a print-friendly version here.

Fields and Buildings:

1. Field 1
2. Field 2/Stadium
3. Field 3, tennis courts and discus are located in this area
4. Field 4
5. Field 5
6. Field 6
7. Field 7
8. Field 8
9. Field 9
10. Field 10
11. Field 11
12. Auxiliary Gym
13. Main Gym