

**WHO YOU CAN CALL FOR HELP
EMERGENCY CONTACT INFORMATION**

National Suicide Prevention Lifeline People may text GOT5 to 741741 for Crisis Text Line or HOME to 741741 or call the National Suicide Prevention Lifeline at **1-800-273-TALK** or **1-800- 784-2433**

Contact Hotline in Syracuse: 315-251-0600

24-hour telephone counseling, suicide prevention, crisis counseling, information and referral.

Upstate Emergency Room: 315-464-5540

SUNY Upstate provides emergency assessment, psychiatric hospitalization, and outpatient mental health care. Individuals in crisis may present to the ER or call the switchboard to speak to ER personnel.

Liberty Resources Mobile Crisis Team: 315-251-0800

(24/7) Mobile Crisis - Mental Health Services for ADULTS & YOUTH. Rapid response when you need it most.

CPEP (Comp. Psychiatric Emergency Program): 315-448-6555

This emergency program located at St. Joseph's Hospital is available 24/7 to anyone with an emotional or psychiatric crisis. CPEP provides crisis intervention, assessment, and treatment, as well as referral for ongoing services.

Regional Open Access Center for Addiction: 315-471-1564

ROACA provides 24/7 access to treatment.

New York State Domestic Violence and Sexual Assault Hotline: 1-800-942-6906 or text **1-844-997-2121** available 24/7

Prevent Child Abuse New York The Helpline at 1-800-CHILDREN or **1-800-244-3736** is an information and referral line that can help direct you to the services you need. It is free, confidential and multilingual.

Vera House Domestic Violence Support Line: 315-468-3260

McMahon Ryan Child Advocacy Center: 315-701-2985 report abuse or need for assistance

Upstate New York Poison Center: 1-800-222-1222

Child Abuse Hotline If you suspect child abuse or neglect: **315-422-9701** or **1-800-342-3720**

Booth House: (A Runaway & Homeless Youth Program) **315-471-7628**

Nutrition Clinic & Sol Stone Center: (Upstate New York Eating Disorder Service) **1-877-765-7866**

Jamesville/DeWitt Ecumenical Food Pantry: 315-469-5093

DeWitt Food Pantry: 315-729-7424 (dewittfoodpantry.org)

Food Bank of CNY: 315-437-1899