

Community Resources

Telephone Crisis Counseling:

CONTACT	315-251-0600
Hope for Bereaved	315-475-HOPE (4673)

Involuntary Disposition / Emergency Evaluation:

St. Joseph's Comprehensive Psychiatric Emergency Program (CPEP) 201 Prospect Avenue	315-448-6555
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Inpatient Treatment:

Hutchings Psychiatric Center The Center for Youth Services 645-655 Madison Street	315-426-3600 xt. 7600
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St. Joseph's Hospital Inpatient Psychiatric Services 301 Prospect Avenue	315-448-5360
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Day Treatment:

Hutchings Psychiatric Center The Center for Youth Services 645-655 Madison Street	315-426-3600 xt. 7600
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Onondaga County Department of Children and Family Services Day Treatment Program Belle Isle Road	315-435-7706
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Survivor Support Group:

Hope for Bereaved 4500 Onondaga Boulevard https://hopeforbereaved.com/services/workshops/students-grieve/	315-475-HOPE (4673)
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Care for Terminally Ill:

Hospice Care 315-634-1100
990 Seventh North St
Liverpool, NY 13088

Home-Based Crisis Intervention:

Circare 315-472-7363
620 Erie Blvd. West
Syracuse, NY 13204

Same Day Walk-In Mental Health Counseling Services for Youth:

St. Joseph's Outpatient Access Program 315-702-3800
Tuesday & Friday 8:00-11:00 (bring insurance card) (first come first serve)
742 James Street 13203
Syracuse, NY

Liberty Resources 315-472-4471
Daily walk in appointments (limited slots) 8:00 am
1045 James Street
Syracuse, NY 13203
<http://www.liberty-resources.org/integratedhealthcare/behavioral-health/>

Helio Health 315-471-1564
Meadows Integrated Outpatient Clinic
Daily walk in appointments 8:00-3:00
329 N. Salina Street
Syracuse, NY 13203
<https://www.helio.health/treatment-programs/children-and-adolescent-services/>

Outpatient Counseling:

Catholic Charities 315-424-1800
1654 West Onondaga Street
(various locations)
Syracuse, NY 13204

Child and Family Services 315-435-2884
421 Montgomery Street
Syracuse, NY 13202

Elmcrest Children's Center Salt Springs Road Syracuse, NY 13244	315-446-6250
Hutchings Psychiatric Center The Center for Youth Services 645-655 Madison Street Syracuse, NY 13210	315-426-3600 xt. 7600
St. Joseph's Hospital Health Center Adolescent Outpatient Services 301 Prospect Avenue Syracuse, NY 13203	315-703-2700
SUNY Health Science Center at Syracuse 750 East Adams Street Syracuse, NY 13210	315-464-5540
Syracuse University Psychological Services 804 University Avenue Syracuse, NY #201 13244	315-443-3595
Syracuse Community Health Center 819 South Salina Street Syracuse, NY 13202	315-476-7921

Outside Agencies:

Catholic Charities 1654 W. Onondaga Street Syracuse, NY 13204	315-424-1800
Clinical Counseling Services 7266 Buckley Road North Syracuse, NY 13212	315-458-0919
CONTACT (24-hour hotline)	315-251-0600
Comprehensive Psychiatric Emergency Program (CPEP) St. Joseph's Hospital 301 Prospect Avenue Syracuse, NY 13202	315-448-5111 (Mobil Capacity)

Elmcrest Children's Center Salt Springs Road Syracuse, NY 13224	315-446-6250
Family Services Associates 135 Old Cove Road Liverpool, NY 13090	315-451-2161
Family Guidance Center 2207 Burnet Avenue Syracuse, NY 13206	315-428-8844
Onondaga Pastoral Counseling 1045 James Street Syracuse, NY 13203	315-472-4471
Outpatient Psychiatric Services St. Joseph's Hospital 742 James Street Syracuse, NY 13203	315-703-2700
Upstate Golisano Hospital One Children's Cir, Syracuse, NY 13210	315-464-5437
Mohawk Valley Psychiatric Center 1400 Noyes St, Utica, NY 13502	315 -738-3800
Four Winds Psychiatric Center 30 Crescent Avenue Saratoga Springs, NY 12866	518-584-3600
Rector Psychotherapy Services 7000 E Genesee St, Fayetteville, NY 13066	315- 449-2300
Onondaga County Department of Social Services 421 Montgomery St, Syracuse, NY 13202	315-435-2700

Homer Counseling and Wellness Center 6 N West St Suite 5, Homer, NY 13077	607-662-4141
McMahon Ryan 601 E Genesee St, Syracuse, NY 13202	315-701-2985
National Suicide Prevention Hotline https://suicidepreventionlifeline.org/	1-800-273-8255
Suicide Hotline (24-hour hotline)	315-251-0600
Ophelia's Place 407 Tulip St, Liverpool, NY 13088	315- 451-5544
Q Center (ARC Health) 835 Hiawatha Blvd W, Syracuse, NY 13204	315-701-2431
Ronald McDonald House 1100 E Genesee St, Syracuse, NY 13210	315-476-1027
Salvation Army Syracuse https://syracuse.ny.salvationarmy.org/syracuse.ny/contact	
Samaritan Center 215 N State St, Syracuse, NY 13203	315-472-0650
Vera House 723 James St, Syracuse, NY 13203	315-425-0818

Same Day Mental Health Services

Helio Health
329 N. Salina St.
315-471-1564

How it Works

- Patients and family members are able to walk in to our clinic without an appointment Monday through Friday from 8:00 a.m. – 3:00 p.m.
- All services are offered Monday through Friday with morning, afternoon, and evening hour availability (with appointments).
- All children and adolescents will complete an initial intake assessment with a registered nurse, and a clinician where a comprehensive evaluation will be performed.
- Please be prepared to provide mental health and/or substance abuse history, family history and medical history.
- If the child or adolescent is found to be an appropriate candidate for the clinic, they will be assigned a counselor.

Liberty Resources

1045 James St,
Syracuse, NY 13203
315-472-4471

For new clients, we offer a **limited number** of walk-in appointments with an intake therapist Monday through Friday, starting at 8:00 am (with the exception of holiday weeks). Slots are filled in a first come, first served manner.

A great resource manual which can be found on the EFR website, see link below is a great resource. Once on the contact efr site, scroll to the bottom and you can download the Resource Manual www.contactefr.org

When you walk-in seeking services, please bring:

- your insurance card
- photo ID
- a list of any medications that you are currently taking
- the name of your primary care provider
- money for copay if required by your insurance

Community resource guides:

Adolescent & Youth Counseling: <https://211cny.com/taxsearch.php?&tax=RP-1400.8000-050&s=10>

Onondaga County Children's Mental Health Agencies
<http://www.ongov.net/cfs/cmh.html>

A County Resource Guide for Parents Experiencing Problems with Children

<http://www.ongov.net/probation/images/probationBook.pdf>

Onondaga County Dep. of Children & Family Services Resource Guide

<http://www.ongov.net/cfs/documents/YouthDirectory.pdf>

*Exceptional Family Resources- includes
financial/emergency/Medicaid/food/disability services*

<https://contactefr.org/wp-content/uploads/2017/01/2017-2018-Resource-Guide.pdf>

Onondaga Child and Family services resource page

<http://www.ongov.net/cfs/>

*University of Maryland, School of Medicine
Restorative Practices and Trauma*

<http://csmh.umaryland.edu/ConferencesAnnual-Converence-on-Advancing-School-Mental-Health>

Area Churches

First Baptist Church of Syracuse
In Onondaga
5833 E. Seneca Turnpike
Jamesville, NY 13078
315-469-2000

Korean Hope Church of Syracuse
945 Euclid Avenue
Syracuse, NY 13210

Limestone Fellowship Baptist Church
4530 Wilcox Place
Jamesville, NY 13078
315-492-2673

Holy Cross Church
4112 E. Genesee Street
Syracuse, NY
315-446-0473

New Testament Baptist Church
1235 Old Stonehouse Road
Jamesville, NY 13078
315-449-2354

Jamesville Community Church
6300 E. Seneca Turnpike
Jamesville, NY 13078
315-492-1465

DeWitt Community Church
3600 Erie Boulevard East
DeWitt, NY 13214
315-445-0331

St. Mary's Russian Orthodox Church
607 Tecumseh Road
Jamesville, NY 13078
315-446-1781

St. David's Episcopal Church
14 Jamar Drive
DeWitt, NY 13214
315-446-2112

Good Shepherd Lutheran Church
7248 Highbridge Road
Fayetteville, NY 13066
315-637-9290

Synagogues

Sha'arei Torah Orthodox Congregation
4313 E. Genesee Street
DeWitt, NY 13214
315-446-6194

Congregation Beth Sholom -
Chevra Shas
18 Patsy Ln,
Jamesville, NY 13078
(315) 446-9570

Temple Adath Yeshurun
450 Kimber Road, Syracuse, NY 13224
Phone: 315.445.0002
Email: info@adath.org
Floor Plan (Upper Level)