

**COURSES ACCEPTED AS MEETING  
THE COACHES FIRST AID AND CPR/AED REQUIREMENT  
(Update) August 2016**

\*FIRST AID – All cards must be renewed every 3 years or per certifying agency requirements

NO FULLY ONLINE COURSES ARE ACCEPTED. ALL COURSES MUST INCLUDE HANDS ON LEARNING.

\*Please note- Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate(s) (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.

1. A NYS State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years) <http://www.p12.nysed.gov/ciai/pe/coaching.html> (- Click on Toolkit, then on Approved Coaching Courses)
  
2. American Red Cross:
  - Responding to Emergencies Comprehensive First Aid (meets FA & CPR certification)
  - Responding to Emergencies Adult and Child First Aid/CPR (meets FA & CPR certification)
  - Responding to Emergencies Adult and Child First Aid/CPR/AED (meets FA & CPR certification)
  - Responding to Emergencies Adult and Pediatric First Aid/CPR (meets FA & CPR certification)
  - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED (meets FA & CPR certification)
  - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
  - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training Emergency Medical Response
  - Lifeguarding
  - Shallow Water lifeguarding
  - Water Attraction Lifeguarding
  - Lifeguarding/First Aid/CPR/AED
  - Lifeguarding/First Aid
  - Waterfront Lifeguarding
  
3. NYS Department of Health (DOH) /Bureau of Emergency Medical Services:
  - Certified First Responder (meets FA & CPR certification)
  
4. Emergency Care & Safety Institute (ECSI)
  - First Aid, CPR, and AED
  - Wilderness First Aid
  - Sports First Aid and Injury Prevention
  
5. American Safety & Health Institute (ASHI)
  - Advanced First Aid

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**\*ADULT CARDIOPULMONARY RESUSCITATION (CPR) – All cards must be renewed every 1- 2 years per certifying agency requirements**

**NO ONLINE COURSES ARE ACCEPTED**

1. A NYS State Education Department approved agency that offers CPR using the NEW SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid) check out [www.emsc.nysed.gov/ciai/physed.html](http://www.emsc.nysed.gov/ciai/physed.html) - Click Toolkit, then on Approved Coaching Courses)
2. American Red Cross Courses:
  - Basic Life Support for Health Care providers (BLS)
  - CPR/AED for Professionals
  - Adult CPR/AED (Note: For High School level coaches only)
  - Adult & Child CPR/AED
  - CPR/AED for the Professional Rescuer
  - Lifeguarding
  - Lifeguarding/First Aid/CPR/AED
  - Waterfront Lifeguarding
  - Responding to Emergencies Comprehensive First Aid (meets FA & CPR certification)
  - Responding to Emergencies Adult and Child First Aid/CPR/AED (meets FA & CPR certification)
  - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED (meets FA & CPR certification)
  - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
  - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
3. American Heart Association Courses (AHA):
  - Advanced Cardiac Life Support (ACLS)
  - Basic Life Support for Health Care Providers (BLS Provider)
  - Heartsaver CPR/AED
  - Heartsaver First Aid/CPR/AED
4. National Safety Council (NSC):
  - Adult and Child CPR & AED
  - Adult, Child and Infant CPR/AED
  - CPR/AED for Professional Rescuers and Health Care Provider
5. American Safety & Health Institute (ASHI)
  - Adult CPR/AED (For High School Coaches only)
6. Emergency Care & Safety Institute (ECSI)
  - Sports First Aid & Injury Prevention-NYS Coaches
  - Health Care Provider CPR & AED

**SED does not require the following to show separate certification in First Aid to coach, HOWEVER A VALID CPR CERTIFICATE WILL BE REQUIRED:**

- a. All Nurses (RN, LPN, NP)    b. Physician – Physician Assistant (MD, DO)    c. Certified Emergency Medical Technicians (EMT) and Paramedic    d. Certified Athletic Trainer (ATC)    e. Fire & Police Officers (full time)    f. Dentists (Includes Oral and Maxillofacial Surgeons)    g. Physical Therapists    h. Optometrists

\*For further clarification on other specific First Aid/CPR certifications not listed, please contact the Associate in Physical Education at (518) 474-5922.