

JD High School Menu

May 2019

Menu Subject to Change

JD School District Is An Equal Opportunity Provider and Employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Second Choice

Available with All Lunches

Assorted Fruit Cups
Milk Choice

1 Pasta & Meatsauce
w/ Garlic Bread Stick

Seasoned Green Beans
Garden Salad w/
Dressing

2 Turkey Taco Nachos
w/Lettuce, Cheese &
Salsa

Refried Beans
Seasoned Corn
Fresh Fruit

3 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

6 Breaded Chicken
Sandwich

BBQ Baked Beans
Sweet Potato Fries

7 Breakfast Sandwich
w/ Sausage

Hash Brown Patty
100% Fruit-Vegetable
Juice
Fresh Fruit

8 Toasted Cheese
Sandwich

Tomato Soup w/
Crackers
Garden Salad w/
Dressing

9 Chicken & Potato
Bowl w/ Biscuit

Mashed Potatoes
Seasoned Corn
Fresh Fruit

10 Personal Pan
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

13 Ham & Cheese
Pretzel Melt

Seasoned Carrots
Sweet Potato Fries

14 Garlic Parmesan
Chicken
w/ Texas Toast

Mashed Potatoes
Seasoned Green Beans
Fresh Fruit

15 Macaroni & Cheese
w/ Dinner Roll

Seasoned Carrots
Celery w/ Dip

16 Walking Taco w/
Lettuce, Tomato, &
Cheese

Refried Beans
Seasoned Corn
Fresh Fruit

17 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

20 French Toast Bites
w/ Sausage

Hash Brown Patty
100% Fruit-
Vegetable Juice

21 Hoffman Hot Dog on
WG Bun

Seasoned Carrots
Mac Salad

22 Fish Sandwich
On Whole Grain Roll

Sweet Potato Bites
Baked Beans

23 Hot Turkey
w/ Gravy & Biscuit

Mashed Potatoes
Seasoned Corn
Fresh Fruit

24 JD Day

Breakfast Only

27 Memorial
Day

No
School

28 Bacon
Cheeseburger

Sweet Potato Gems
Baked Beans
Fresh Fruit

29 Ham & Scalloped
Potatoes

Seasoned Green Beans
Garden Salad w/
Dressing

30 Walking Taco w/
Lettuce, Tomato, &
Cheese

Cheesy Bean Dip
Seasoned Corn
Fresh Fruit

31 Homemade
Pizza

Garden Salad w/
Dressing
Seasoned Broccoli
Fresh Fruit

Monday – Bacon Cheese
Burger Deluxe
Tuesday – Zesty Ranch
Chicken Sandwich
Wednesday – Chicken
Fajita Wrap
Thursday – Popcorn
Chicken
Friday – Assorted Pizza
Crunchers

Available Daily

PB & J Meal, Assorted
Salads, Assorted Pizza &
Assorted Sandwiches

Breakfast \$2.00

Lunch

Elementary Schools 2.70
Middle Schools \$3.10
High Schools \$3.20
Milk \$0.80

What is the name of the
scale used to measure the
spicy heat of peppers?

Scoville Scale