

MAY 2017

May 2017 JDHS

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Popcorn Chicken With BBQ Sauce & Warm Dinner Roll 1</p> <p>Steamed Carrots Mixed Fruit Milk HS MAY CHOOSE 2 FRUITS DAILY</p>	<p>Pork Rib-Q On a WG Bun Broccoli Mashed Potatoes Diced Peaches Milk 2</p>	<p>Grilled Cheese Sandwich On WG Bread Tomato Soup / Crackers 3</p> <p>Green Pepper Strips Banana Milk</p>	<p>Chicken and Waffles Syrup 4</p> <p>Mixed Green Salad w/ Chick Peas Assorted 100% Fruit Juices Milk</p>	<p>Homemade Pizza Choose Broccoli Garlic or Cheese 5</p> <p>Tossed Salad w/ Dressing Green Beans Cinnamon Applesauce Milk</p>
<p>Spicy Chicken Pattie (or plain) With Lettuce & Ranch On a WG Bun 8</p> <p>Tater Tots Apple Milk</p>	<p>Soft Taco With Lettuce and Cheese 9</p> <p>Tortilla Chips w/ Black Bean & Corn Salsa</p> <p>Mixed Fruit Milk</p>	<p>Pancake on a Stick With a Yogurt Cup 10</p> <p>Baby Carrots Apple Juice Homemade Fruited Coffee Cake Milk</p>	<p>Pasta and Meatballs Texas Toast Parmesan Cheese 11</p> <p>Green Beans Diced Pears Milk</p>	<p>Stuffed Crust Pizza 12</p> <p>Tossed Salad w/ Dressing Broccoli</p> <p>Assorted Fruit Milk</p>
<p>Buffalo Chicken Wrap W/Lettuce & Shredded Cheddar 15</p> <p>Baked Beans Cinnamon Graham Snacks</p> <p>Diced Peaches Milk</p>	<p>Build your Burger On a WG Bun Choose; Cheese, Onion, Lettuce, Pickle Cole Slaw Applesauce Cup Milk 16</p>	<p>French Toast Sticks With Sausage Patties 17</p> <p>Hash Brown Baby Carrots</p> <p>Assorted Fruit Juice Milk</p>	<p>Oven "Fried" Chicken 18</p> <p>Pasta Tomato Salad Corn Cookie Fruit Cup Milk</p>	<p>Homemade Pizza 19</p> <p>Tossed Salad w/ Dressing Steamed Broccoli</p> <p>Assorted Fruits Milk</p>
<p>Chicken Pattie On a Bun 22</p> <p>Baked Beans Baby Carrots Mixed Fruit Milk</p>	<p>Walking Taco Bag of Corn Chips topped With Meat, and Cheese Lettuce and Salsa Corn Fresh Orange Milk 23</p>	<p>Baked Ziti Italian Bread 24</p> <p>Steamed Broccoli</p> <p>Diced Pears Milk</p>	<p>All Beef Hot Dog On a WG Bun 25</p> <p>Sweet Potato Bites Peas Assorted Fruits Milk</p>	<p>Assorted Pizza 26</p> <p>Green Beans Broccoli</p> <p>Fruit Choice Milk</p>
<p>MEMORIAL DAY NO SCHOOL 29</p>	<p>Chicken Smackers Honey Mustard Sauce 30</p> <p>Mashed Potatoes Glazed Carrots</p> <p>Fruit Choice Milk</p>	<p>Fish Sandwich On a WG Bun Tartar Sauce Cole Slaw Baked Chips Diced Peaches Milk 31</p>		

Lunch costs \$2.95 Reduced Lunch \$.25 Milk \$.75 (comes w/ Lunch) Breakfast \$1.75 Makes checks to JD Food Service. Cash accepted
 DAILY ALTERNATES: Salad and Deli Bar Visit our SNACK SHACK!
 LUNCH CONSISTS OF 5 COMPONENTS; Meat, Grain, Fruit, Veg & Milk. Free and Reduced apps accepted all year. You must have 3 components one being a fruit or veg to count as a meal.

